

EASTERN WYOMING COLLEGE

Course Syllabus

Spring 2014

HLED 1221 STANDARD FIRST AID AND SAFETY: 01

Class Sessions:

Location: Online

Contact Hours: 30

Credit Hours: 2

Instructor: Lance Petsch

Office: 133 AC Hours: 9:30 am - 2:00 pm.

Or by appointment

Phone: 532 - 8338

E-mail: lance.petsch@ewc.wy.edu

Catalog Description

A study of accident prevention, assessment procedures, and immediate first aid care for victims of accidents or sudden illness. The student will be instructed in Adult, Child and Infant CPR, and in First Aid. For an additional fee, the student has the option of certification through the American Red Cross in Adult, Child, and Infant CPR (1-year certification) and certification in Responding to Emergencies First Aid (3-year certification).

Rationale

Standard First Aid and Safety is a requirement for several degree and transfer programs at E.W.C. Current First Aid and CPR certification is required by many employers and can satisfy continuing education requirements. Because injuries are the leading cause of death and disability in children and young adults as well as a serious public health problem for all ages, knowledge of First Aid and CPR is important for everyone.

Course Objectives

Upon Completion of this course the student should be able to:

1. Demonstrate safety consciousness and an understanding of the underlying causes of accidents.
2. Identify his/her role in protecting the life and welfare of themselves and others.
3. Demonstrate skills necessary for safe and effective intervention in the immediate period surrounding an accident or sudden illness.

Instructional Media and Resources

Required Text: First Aid For Colleges and Universities. (10th ed.).

American Red Cross CPR and First Aid video program.

Optional Certification by the American Red Cross

Community CPR (Adult, Child, Infant CPR) Responding to Emergencies First Aid

Cost: \$27.00 Payable to the instructor

Course Content

This course is divided into 2 major sections: Primary Assessment and CPR, and Secondary Assessment and First Aid Care.

Course Requirements

Each section of study will include textbook reading assignments and review quizzes, followed by a written exam. Students will be divided into groups for C.P.R. manikin practice during scheduled class sessions. If a student is not performing skills to the instructors satisfaction, the student will be required to spend outside time on these skills.

C.P.R. skills include:

One person Adult, Child and Infant C.P.R.

Conscious and unconscious adult, child and infant obstructed airway management.

First Aid skills include:

Control of bleeding.

Immobilization

It is very important that the student attend all scheduled class sessions for lecture material and practice time. Class attendance will be taken into consideration in the final grade. According to college policy (pg. 142 in 2013-2014 EWC catalog) a student may be withdrawn for poor attendance if:

4. Absences exceed 20% of the scheduled sessions (6), or
5. The student is absent more than 6 consecutive class hours.

A student who abandons class (i.e. the student stops attending class without notifying the instructor) will receive an F as a final grade.

Students may miss classes as participants of college sponsored events **if** prior notification is given **and** class material is made up. Exams can be made up **only** upon prior approval of the instructor. 10% of the total points of a late exam will be deducted per day. Review quizzes may not be made up but the student will be given a copy of the quiz for study purposes. Homework assignments that are late will have 10% of total points deducted per day. Late homework assignments will not be accepted after two weeks.

Evaluation Techniques

The final class grade will be compiled from the results exams on C.P.R. (Adult C.P.R., and Infant/Child C.P.R.), exams on First Aid material, class quizzes, attendance, and skill performance. The student **must** practice and perform C.P.R. and First Aid skills to the instructors satisfaction to pass the course. **Missed skills may be made up within one week, after that the student will receive a 0 for the skill. The students final class grade will be lowered one letter grade for missed skills.**

Final letter grades will be determined on a percentage of earned point basis:

90 - 100% = A

80 - 89% = B

70 - 79% = C

60 - 69% = D

Below 60% = F

AND the instructors assessment of the students skill performance. A student who does not finish skills will not be eligible for certification by the American Red Cross. Students will be given periodic updates of class status.

Point Percentage Allocation:

Exams 80%

Skills 20%

The use of inappropriate language will not be tolerated in class. Please be respectful of fellow students. If language becomes a problem the student will be asked to leave class. If the problem continues the student will be dropped from the course. The use of cell phones is also prohibited. If a student is caught using a cell phone during class (i.e. texting) they will be asked to leave. If the problem persists the student will be dropped from the course.

Safety Rules

In the event of an emergency follow the guidelines reviewed the first day of class.

General Education Requirements

Communication Skills: Graduates will be able to understand and communicate ideas and information in written and spoken English that reveals a mastery of terminology appropriate to their disciplines.

Analytical and Quantitative Reasoning: Graduates will be able to solve problems through critical thinking involving analytical and quantitative reasoning at a level appropriate to their disciplines.

Technology Skills: Graduates will be able to demonstrate competence using technology appropriate to their disciplines.

Social Awareness: Graduates will be able to demonstrate an awareness of the relationship between the individual and the world.

Information Literacy: Graduates will be able to locate, evaluate, and use information effectively.

Accommodations

Eastern Wyoming College is committed to providing reasonable accommodations for qualified individuals with disabilities. If a student has a disability and desires a reasonable accommodation for such disability, the student should contact Mrs. Debbie Ochsner (532-8238) as soon as possible so that arrangements may be made.

Disclaimer

Information contained in this syllabus is, to the best knowledge of the instructor, correct and complete when distributed for use at the beginning of the course. However, this syllabus should not be considered a contract between Eastern Wyoming College and the student. The instructor reserves the right, acting within the policies and procedures of EWC, to make changes in course materials and course schedules.

Standard First Aid and Safety (HLED 1221) Schedule

Unit 2	Chapter 1 Introduction to First Aid Care Chapter 2 Anatomy and Physiology of Body Systems Chapter 3 Victim Assessment
Unit 3	Chapter 6 Bleeding and Shock Chapter 7 Soft Tissue Injuries
Unit 4	Chapter 11 Musculoskeletal Injuries Chapter 12 Common Sport and Recreational Injuries Chapter 13 Head and Spine Injuries
Unit 5	Chapter 14 Poisoning Emergencies Chapter 15 Drug and Alcohol Emergencies Chapter 18 Diabetic Emergencies
Unit 6	Exam I
Unit 7	Chapter 4 Basic Life Support: Artificial Ventilation Chapter 5 Basic Life Support: Cardiopulmonary Resuscitation
Unit 8	Chapter 22 Pediatric and Geriatric Emergencies Chapter 23 Bites and Stings
Unit 9	Chapter 24 Burn Emergencies Chapter 25 Heat and Cold Emergencies
Unit 10	Chapter 26 Water Emergencies
Unit 11	Chapter 19 Acute Abdominal Distress and Related Emergencies Chapter 20 Epilepsy, Dizziness, and Fainting
Unit 12	Exam 2
Unit 13	Chapter 29 Lifting and Moving Victims
Unit 14	Chapter 27 Wilderness Emergencies Chapter 28 Psychological Emergencies and Disasters
Unit 15	Chapter 8 Injuries to the Face, Eye, and Throat Chapter 9 Injuries to the Chest, Abdomen, and Genitalia

Unit 16

Chapter 10 Bandaging
Final Exam