

Library Tidbits

FEATURED

Books @ your library

Haunted by Combat
by Daryl Paulson

Since 1990, U.S. Veterans' centers have treated more than 1.6 million PTSD-affected men and women, including an estimated 100,000 from the Gulf War and an untallied total from the Iraq and Afghanistan fronts. The number also includes World War II veterans, because PTSD does not fade easily. Sufferers may experience the traumatic events in flashbacks that may seem as real as when they first occurred. Using first hand accounts, the authors offer insights into the realities of PTSD and combat trauma, and how symptoms may pervade even the most mundane of daily activities and cause sufferers to experience withdrawal, depression, violence, rage, and even suicide.



After the War Zone
by Laurie Sloan

Two experts from the VA National Center for PTSD provide an essential resource for service members, their spouses, families, and communities, sharing what troops really experience during deployment and back home. Pinpointing the most common after-effects of war and offering strategies for troop reintegration to daily life, Drs. Friedman and Sloane cover the myths and realities of homecoming; reconnecting with spouse and family; anger and adrenaline; guilt and moral dilemmas; and PTSD and other mental-health concerns.

The cost of freedom is always high, but Americans have always paid it. And one path we shall never choose, and that is the path of surrender, or submission.—
John F. Kennedy

Not yet on the shelf...

The Frost Weeds: Vietnam: 1964-1965 by James Oliveri.

A different perspective of the Vietnam experience.

Tours of Duty: Vietnam War Stories
edited by Michael Lee Lanning

Real war stories told from a soldiers perspective as they remember their service.



NEWS

Hot off the press! New fiction titles available for checkout:

Havana Storm
By Clive Cussler

The Burning Room
By Michael Connelly

The Handsome Man's DeLuxe Cafe
By Alexander McCall Smith

Plus many more!

Mark your calendar for the next Freudian Sip!

The library will reopen the Freudian Sip just in time for finals week on December 10th from 9:30 a.m. to 12 p.m. We will be serving coffee, hot chocolate and doughnut holes! The student senate is helping to sponsor this event.

Veterans Day Program

Please join us on November 11th at 12:30 p.m. in the Fine Arts Auditorium. We will have a short thirty minute program to honor our veterans and those who are currently serving. Major Justin L. Walworth of the USAF will be our guest speaker. The EWC Choir and Speech Team will also participate. See you there!