Eastern Wyoming College

2015 Spring

- Credit Classes
- Community Education
- Workforce Development

Also included in this issue:
EWC Niobrara County Credit and Community Education offerings
Eastern Wyoming College is a student-centered, comprehensive community college that responds to the educational, cultural, social, and economic needs of its communities with quality, affordable educational opportunities for dynamic lifelong learning.

*College Mission – June 10, 2008*

The information contained herein is valid as of December 2014. While EWC makes every effort to ensure the accuracy of the information, the college reserves the right to make changes at any time without prior notice. Always check with the appropriate office for current information.

The EWC Schedule summarizes information of interest to students; it is not a complete statement of programs and policies. Other important information is published in the EWC Catalog and on the EWC Website.

**Eastern Wyoming College**

**Board of Trustees**

Angie Chavez, President
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**Interim President**

Richard Patterson, Ph.D.

Eastern Wyoming College is accredited by the Higher Learning Commission; Member: North Central Association.

EWC is accredited by the American Welding Office

**Office Hours on Campus**

The College is open from 8:00 am to 5:00 pm.

Please note the registration deadlines. Upon registration, your fees are committed to the trip and full refunds may not be issued after the end of the registration deadline. This depends on whether nonrefundable event tickets were purchased for the trip. In some instances, such as weather cancellations, a full refund may not be possible. Again, this depends on whether nonrefundable event tickets were purchased for the trip. Children have to be five years or older to ride on the bus. Use and/or possession of alcoholic beverages on the bus is prohibited (EWC Board Policy 5.13).
# Community Education Quick Reference

## January
- Financial Peace ........................................ 1/4 to 3/1
- Pilates Plus PM Session A ......................... 1/5 to 3/11
- Zumba PM Session A ................................. 1/5 to 3/11
- Gentle Yoga AM Session A ......................... 1/5 to 3/11
- Retired Fellers Yoga AM Session A ............. 1/5 to 3/11
- Restorative Yoga PM Session A .................. 1/5 to 3/25
- Gentle Yoga PM Session A .......................... 1/5 to 3/25
- Men Only Yoga AM Session A ...................... 1/6 to 3/26
- Yoga Mixed Levels PM Session A ................. 1/6 to 3/12
- Pilumba-Zumates AM Session A .................. 1/10 to 3/12
- Community Choir ..................................... 1/12 to 4/27
- Dog Obedience Session I ............................ 1/13 to 2/5
- Pottery 102 ............................................. 1/13 to 3/12
- Fitness on the Ball .................................... 1/13 to 3/12
- Reading in Wyoming .................................. 1/13 to 4/14
- Community Band ...................................... 1/13 to 4/28
- Group Guitar .......................................... 1/15 to 2/5
- Woodworking .......................................... 1/20 to 2/24
- National I Like Pie Day Cooking .................. 1/20
- Mid-Day Yoga .......................................... 1/20 to 3/12
- FFA in the UK ......................................... 1/20
- Out on a Loom Bead Weaving ..................... 1/22 to 2/26
- Little Diggers Volleyball ............................ 1/24 to 2/14
- Smartphone iPhone .................................... 1/26
- Bamboo Chef I ......................................... 1/27
- Kid’s Radio Broadcasting ............................. 1/29 to 2/2

## February
- Hairspray Dinner Theatre .......................... 2/1
- Smartphone Android .................................. 2/2
- DPS What are all those buttons? .................. 2/4
- Women’s Basic Self Defense ....................... 2/5
- Hunt for Ancestors ..................................... 2/5 to 2/26
- Valentine’s Make-Bake-Taste-Take ................ 2/7
- Fun For All Yoga ...................................... 2/10 to 3/12
- Dog Obedience Session II ........................... 2/10 to 3/5
- DPS Shutter Speed & Aperture ..................... 2/11
- Denver Home & Garden Show Trip ................ 2/14
- Bamboo Chef II ........................................ 2/17
- DPS Lighting .......................................... 2/18
- Microsoft Office 2013 Word Processing ......... 2/18
- Advanced Fly Tying ................................... 2/18 to 3/11
- DPS Better Photographs .............................. 2/25
- Microsoft Office 2013 Copy & Paste ............. 2/25

## March
- Youth Rodeo Camp .................................... 3/2
- Microsoft Office 2013 Using Graphics, Smart Art, Text Boxes 3/4
- DPS Graphic Editing .................................. 3/4
- Welded Yard Art ....................................... 3/7
- Youth Basketball grades 1-6 ....................... 3/7 to 3/28
- Quilting .................................................. 3/10 to 3/21
- Drivers Education Spring ........................... 3/16 to 3/28
- What’s New on Facebook ............................ 3/16
- Look! See! Draw! ...................................... 3/17 to 4/7
- Weeball Basketball 4 & 5 yr ........................ 3/17 to 4/14
- DPS Intro to Photoshop .............................. 3/18
- Microsoft 2013 Office Tabs & Tables .......... 3/18
- Microsoft Office 2013 Excel Spreadsheets 2 .. 3/18
- Microsoft Office 2013 Excel Using Merges .... 4/1
- Fun For All Yoga Session B ......................... 4/7 to 5/14
- That’s a Spicy Meat-a-Ball .......................... 4/7
- Microcosm Office 2013 Excel Spreadsheets 1 .. 4/8
- Hat Making ............................................. 4/11
- Hunter Safety ......................................... 4/13 to 4-18
- Clay Shooting League ................................ 4/14 to 5/19
- Walleye Fishing ....................................... 4/14 to 4/16
- Microsoft Office 2013 Excel Spreadsheets 2 .. 4/15
- Silk Road/Mythical Creatures Bus Trip ........... 4/18
- Dog Obedience Session IV ........................... 4/21 to 5/19
- Microsoft Office 2013 Powerpoint .............. 4/22
- Cultivating Your Deck ............................... 4/22
- EWC Tour .............................................. 4/22
- Fairy Gardening ....................................... 4/29

## May
- Handgun Proficiency ............................... DATES TO BE ANNOUNCED
- Art of Lasagna ........................................ 5/5
- Chipping & Putting ................................... 5/11 to 5/12
- Black Thunder Coal Mine Trip ..................... 5/15
TRIPS
To our faithful bus trip and dinner theatre patrons, we want to thank you for your continued support. You may see an increase in price for our trips. Unfortunately this is due to increased costs for use of the EWC bus and increases in ticket prices. We hope this modest increase does not prevent you from continuing to enjoy what we have to offer.

Hairspray Candlelight Dinner Theatre
Based upon the film written and directed by John Waters, winner of eight Tony Awards, this is the big hit musical that will sweep you away! Set in 1962 Baltimore, this musical is filled with laughter, romance, and deliriously tuneful songs, and don’t forget that 60’s perfectly coiffed hair! Deadline for registration and payment January 23. Our dinner theatre trips fill up fast, don’t wait!
Date: Sunday, February 1
Time: 9:00am to 6:00pm
Cost: $65
(includes meal beverage & tip, upgrades available for extra)
Location: EWC Parking Lot

Denver Museum of Nature & Science
Traveling the Silk Road & Mythical Creatures: Truth Behind the Legends
In the Traveling the Silk Road exhibition, you will take a journey on the legendary 5,700 mile trade route from China through Central Asia to the Middle East and the Roman Empire that will include spectacular sights of camel caravans, the pungent scent of spices, the luster of exquisite silks, and the energy of creative thinking—explore bazaars filled with gems and handicrafts, watch live silkworms at work, see ancient scrolls, look inside a long-ago cargo ship, examine astronomy tools that helped mariners navigate the seas.
Your visit to the Mythical Creatures exhibit will include the world’s most enduring mythological creatures from Asia, Europe, the Americas and beyond, in the form of eye-popping “life size” models, paintings, preserved specimens and fossils. You will take a virtual tour through folklore and discover the facts behind the fables. Dragons, Bigfoot, Loch Ness Monster—oh my! Unicorns and mermaids, oh my! As exciting as the yellow brick road! Oh my!
Your ticket for this amazing excursion will include a scrumptious lunch at Cinzetti’s Italian Buffet.
Deadline for registration and payment is April 10. Minimum of 40 registrations required for trip to be a go.
Date: Saturday, April 18
Time: 6:30am to 6:30pm
Cost: $65
Location: EWC Parking Lot

Denver Garden & Home Show
It’s been two long years since we’ve been able to experience a little bit of spring and summer in the middle of winter. Learn about innovative gardening and home improvement ideas, and products in more than 1400 booths. The cost of the trip includes the price of admission. Lunch is on your own at the Garden & Home Show, there is a large variety of dining options.
Date: Saturday, February 14
Time: 6:30am to 6:00pm
Cost: $40
Location: EWC Parking Lot

Black Thunder Coal Mine Tour
Wright, WY
See one of the largest coal mines in one of the richest coal regions in the US, complete with one of the world’s largest drag lines and of course, those HUGE haul trucks. Lunch is included and will be in Newcastle at the Fountain Inn Restaurant.
Paid Registration Deadline: May 8
Date: Friday, May 15
Time: 7:00am-6:00pm
Cost: $35 (lunch included)
Location: EWC Parking Lot

Please Note: Many Community Education classes and activities have specific registration deadlines and class size minimums and maximums. These classes and activities will be cancelled if the stated minimum enrollment is not met by the stated deadline. If a class must be cancelled due to lack of enrollments, those individuals who have registered will be contacted on the registration deadline day and refunds will be processed as quickly as possible. To avoid class cancellations, please register by the deadline!
RESEARCHING CALAMITY JANE: A CAN OF WORMS
Speaker: Glenda Bell
Jane Canary, aka “Calamity Jane”—who was this Missouri farm girl who trudged West with her preacher father seeking gold? Having researched Jane for 27 years, Glenda Bell examines the fact, the fiction, and the fantasy surrounding this western icon. Glenda a graduate from the University of Wyoming, former Junior High teacher of English, Geography, and Director of Libraries/AV for the Billings, MT Public schools will share her research and her passion for the life of Calamity Jane as a part of EWC’s focus on Women in History Month. Although this is a free event, registration is required and can easily be accomplished by calling the EWC Community Education office at 532-8213.
Date: Tuesday, March 24
Time: 6:30-8:00pm
Cost: FREE
Location: Tebbet 131

FFA in the UK
Speaker: Jason Groene, Torrington-Lingle FFA Advisor
This past July was a truly special one for Torrington-Lingle FFA members and their advisor, Jason Groene, when they traveled from Torrington to Scotland, Ireland, and England. The four person judging team of Mikayla McNamee, PD Miller, Skyler Miller, and Tyler Pickinpaugh earned this trip as a result of winning the 2013 National FFA Livestock Judging contest. Join Mr. Groene as he shares this once in a lifetime trip that he and his students took, including highlighting the differences and similarities between the raising of cattle and farming in Scotland & Ireland and the United States. Although this is a free event, registration is required and can easily be accomplished by calling the EWC Community Education office at 532-8213.
Date: Tuesday, January 20
Time: 6:30-7:30pm
Cost: FREE
Location: Tebbet 131
EWC CAMPUS TOURS

Join EWC College Relations Tami Afdahl for a special tour of the EWC campus. This narrated walking tour will allow participants to get up close and personal with the campus facilities including highlights of recent renovations, current construction projects, and the “future footprint” of the CTEC and ATEC building projects that county citizens supported with their affirmative votes this past November. The two hour tour begins in the lobby of the EWC Fine Arts Center with transportation to and from the North Campus provided, with refreshments and informal discussion at the conclusion of the tour. Each tour is limited to 15 individuals and registration with the Community Education Office is necessary.

Date: Wednesday, April 22
Times: Tour I 9:30-11:30am
       Tour II 1:30-3:30pm
       Tour III 5:30-7:30pm
POTTERY 102: From dClAy to glaZe
Instructor: Steve Law, THS Art Teacher
Whether you are new to working with clay or have past experience, over the 8 weeks of this class Steve will guide you through hand-building, slab-building, beginning wheel techniques, and a variety of glazing options. Clay can be purchased at the EWC Bookstore, tools will be provided at THS. Must be 16 years or older.  Class maximum: 10
Date:  Tuesday, January 13 to March 3
Time:  6:00-8:00pm
Cost:  $55
Location: Torrington High School Art Room

OUT ON A LOOM: Introduction to Loom Beading
Instructor: Sandy Hoehn
Loom beading is an incredibly beautiful and versatile craft. Instead of stringing a single strand of beads, loom beading allows you to make intricate patterns, even if you don’t have much or any experience with this type of beading. With a bead loom you can make hat bands, bracelets, wrist cuffs, belts, and much more. And to get you started right, your class fee will include a beginner’s kit including a bead loom, needles, thread, and 1,000 seed beads. Class minimum: 5  Class Maximum: 12
Date:  Thursdays, January 22 to February 26
Time:  6:00-8:00pm
Cost:  $49
Location: Community Training Center

LEATHER CRAFT STUDIO
Instructor: Sandy Hoehn
Leather craft is the art of making articles from leather that are both useful and decoratively beautiful. This studio workshop will introduce you to the world of hand tooling, or “carving” leather—you will learn how to use the basic tools and the process for creating tooled leather designs. Although this is a beginner’s class, it is also suitable for more experienced artisans to “brush up” on their tooling skills. Students will be able to make a belt or a fashionable leather bracelet—Sandy will have leather available for purchase. Loaner sets of basic tools will be available for students to use during class, or they may bring their own.  Class minimum: 5  Class maximum: 15
Date:  Thursdays, March 26 to May 14 (8 weeks)
Time:  6:00-8:00pm
Cost:  $59
Location: Community Training Center

LOOK! SEE! DRAW!
Instructor: John Cline, EWC Art Instructor
Have you always wanted to learn to draw? Or, perhaps you’ve drawn for fun in the past and want to polish up your skills. Join John in this class to learn or practice the fundamentals and basics of drawing. This 4 week class will focus on drawing from observation, including shading techniques that make drawing an exciting pastime. Drawing media will include pencil and Conte Crayon. All supplies will be provided. Ages 15 to 19
Date:  Tuesdays, March 17 to April 7
Time:  6:30-8:00pm
Cost:  $40 (includes all supplies)
Location: FA 109 (EWC Art Room)

SPRING WATERCOLOR WORKSHOP
Instructor: Marvie Tipsword
Join Marvie for this one day workshop of bringing spring colors to life. She will guide you, your brushes, and your techniques throughout the morning. After lunch on your own, you will put all of the morning’s practice to use in your own painting with Marvie nearby to give encouragement and advice. Please bring your ideas, your brushes (flats and rounds,) your watercolor paints (at least red, blue, yellow) and your painting surface (140 or 300 lb paper) and support, water container, tissues, etc.  Class minimum: 10  Class maximum: 15
Date:  March 28
Time:  9:00am-4:00pm (an hour break for lunch)
Cost:  $30
Location: FA 109 (EWC Art Room)

In the Beginning ... there was QUILTING
Instructors: Members of the Goshen County Quilters Guild
Step in to the world of QUILTING under the guidance of master quilters. A basic knowledge of machine sewing and your own machine is necessary. You will also need a good pair of sewing scissors and lots of straight pins. Other helpful supplies will be discussed at the first class. Quilt Guild Member Jane Dorn is working with the Doll Factory to put together a beginning quilt fabric and thread package to make your supply purchasing easy. If you have specific questions concerning the quilt project for this class call Jane Dorn at 307-640-4002.  Class minimum: 5  Class maximum: 12  Registration deadline: March 6
Date:  Tuesday & Thursday, March 10 to 19
Time:  T/Th, 6:30-9:00pm  Sat, 8:00am-4:00pm
Cost:  $35 (plus quilt kit)
Location: Community Training Center

INTRO TO GLASS BLOWING
Instructor: Orin Yung
Let Orin introduce you to the fascinating world of blown glass sculpture. After demonstrating the basics of flame work and artistic glass blowing, Orin will coach each student as they make their very own glass sculptures. Class minimum: 5  Class maximum: 10
Date:  Friday evening/Saturday morning, March 20 & 21
Time:  Friday—6:00-8:00pm  Saturday—9:00-11:00am
Cost:  $29
Location: 1825 East E (Orin’s garage studio)

BETTER THAN "THE NEW YANKEE WORKSHOP" BASIC WORKWORKING
Instructor: Scott Soderstrom, THS Wood/Welding Tech Instructor
Being fairly new to Torrington, Scott is excited about offering this wood working workshop and the opportunity to get directly involved with the community. He has a number of project plans from which to choose, but definitely encourages participants to bring their own ideas. Each week Scott will be available to provide participants with individualized technical assistance and advice. Whether you are a new or seasoned woodworker, this is the perfect class for you. Why? Because you get to try out a variety of woodworking tools and equipment, oh yeah! The first class will cover safety, equipment demos, and project selection. Participants will be responsible for purchasing wood and other supplies for their projects. Did I mention tools and equipment?
Class minimum: 7  Class maximum: 15
Date:  Tuesdays, January 20 to February 24
Time:  6:00-9:00pm
Cost:  $125
Location: THS Woodshop on East E
**DIGITAL PHOTO SERIES**  
**Instructor: Andy Espinoza**

**WHAT ARE ALL THOSE BUTTONS?**  
So Santa put a new digital camera in your Christmas stocking and you’re thinking “Now what?” Bring your digital camera, and no matter what make or model, Andy will guide you through all the various settings, menus, and features of your camera. Class discussion will include basic concepts such as shutter speed, aperture openings, flash vs natural lighting, macro (close-up), image resolution, manual focus, and depth of field. **Class minimum of 5, so don’t wait to register.**

**Date:**  
Wednesday, February 4  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Community Training Center Computer Lab

**HANDS ON WITH SHUTTER SPEED & APERTURE**

Be brave, be adventurous—take your camera off Automatic! Get some hands on experience using your camera in **Manual Mode**. In this two hour session, you will take a variety of photos while you experiment with the different settings on your camera. You will be amazed with the results. **Class minimum of 5, so don’t wait until the last minute to sign up.**

**Date:**  
Wednesday, February 11  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Community Training Center Computer Lab

**RECOGNIZING & CONTROLLING THE LIGHT**

Learning to recognize and control the lighting conditions is key to taking quality photo images. Discussion in this session will cover concepts of ambient light vs controlled light. You will experiment with your camera adjusting light sensitivity and color temperature settings. You will learn about direct and diffused flash lighting. Amazement continues. **Class minimum of 5, register early to make the class a go.**

**Date:**  
Wednesday, February 18  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Community Training Center Computer Lab

**COMPOSING A BETTER PHOTOGRAPH**

This session of Digital Photography will concentrate on the concepts of Composition, including focus, contrast, balance, framing, patterns, symmetry, texture, depth of field, lines, motion lines, proportion, open space and the rule of thirds. **Class minimum of 5, sign up early so the class will make**

**Date:**  
Wednesday, February 25  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Community Training Center Computer Lab

**THE MAGIC OF GRAPHIC EDITING**

It was a NEW YEAR back in January, and you resolved to do something with all the photos you took the past few years—there’s no rule that says you have to start a New Year’s Resolution right away, better late than never! Learn how to use a variety of “free on-line” programs to edit, enhance, adjust, rearrange, reconfigure and give your original photo a completely different look. This class will start with typical adjustments of exposure, contrast, hue, saturation and cropping. Participants will also be introduced to filter effects. Bring your camera or a flash drive with your downloaded pictures. **Class minimum of 5, don’t wait to register.**

**Date:**  
Wednesday, March 4  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Community Training Center Computer Lab

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**INTRODUCTION TO PHOTOSHOP**

You’ve tried the “free online” graphic editing programs & you’re hooked, but you’re not quite ready to invest in your own graphic editing software. In this class you can “test drive” Photoshop—the Cadillac of digital photo editing, with Andy as your co-pilot. Revisit basic cropping and exposure adjustments, but also venture into more sophisticated skills like image retouching, layering and text enhancement. Bring your camera or a flash drive with your downloaded photos. **Class minimum of 5 and you really want to take this class, so don’t wait to register.**

**Date:**  
Wednesday, March 18  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Tebbet 273

**MORE PHOTOSHOP!**

“I WANT MORE! GIVE ME MORE!” In this final session, students will continue working with Photoshop, becoming more skilled and creative. Bring your camera or a flash drive with your downloaded photos. **Class minimum of 5, register early to help make the class a go.**

**Date:**  
Wednesday, March 25  
**Time:** 6:00-8:00pm  
**Cost:** $25  
**Location:** Tebbet 273

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**MICROSOFT OFFICE 2013**  
**Instructor: Ruth Keep**

This 9 week series will take you through a tutorial on the 2013 version of Microsoft Office. Each 90 minute session is designed to be a stand-alone class. FastCourse 2013 textbooks are available for purchase at the time of registration. Although registration by the day before each class is encouraged, walk-ins are welcome.

**Date:**  
Wednesday, February 18 to April 22  
**Time:** 9:30-11:30 am  
**Cost:** $21 per session, books $15  
**Location:**  Community Training Center Computer Lab  
Feb. 18—Basic Word Processing (book 1)  
Feb. 25—Copy & Paste (book 1)  
March 4—Using Graphics, Smart Art, Text Boxes  
March 18—Tabs & Tables (book 2)  
March 25—Envelopes & Labels (teacher provided handout)  
April 1—Using Merges in Word (book 1)  
April 8—Excel Spreadsheets 1 (book 1)  
April 15—Excel Spreadsheets 2 (book 1)  
April 22—PowerPoint (book 1)
EWC community Education wants to thank Main Street Market in Torrington for being a sponsor for the cooking classes this and past semesters. Their generous contribution of grocery items allows us to keep the cost of our cooking classes reasonable and affordable.

**BAMBOO CHEF---THAI CUISINE SERIES**

**Instructor: Nok Merrigane**

Nok has been busy in the kitchen again, working up Thai cuisine recipes to share with you. Although the exact dishes have yet to be revealed, be assured at least one dish will include gaeng phet, that’s Thai for CURRY. Sign up for one, two, or all three of Nok’s Bamboo Chefs and enjoy the tastes of Thailand. Bring lidded containers for taking home what you don’t eat. Class minimum: 5 Class maximum: 12

**Date:**
- Class I—January 27
- Class II—February 17
- Class III—March 31

**Time:** 6:00-8:00pm

**Cost:** $21 for each class

**Location:** Torrington High School Room 117

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**NATIONAL I LIKE PIE DAY**

**Instructor: Teri Kezar**

Pies—sweet or savory, two-crusted or open face, different shapes, sizes, flavors; pies are great with lunch or dinner or for a snack, and why not for breakfast? The National Pie Council has decreed January 23 as National Pie Day and what better way to celebrate than to bake a PIE! Although Teri will be all “pied up” on January 23 celebrating her favorite day of the year, she invites you to join her on the 20th in making delicious and scrumptious pies from scratch. At the end of this class, all participants will enjoy an appetizer pie, an entrée pie, and a desert pie. Bring a lidded container in which to take home your pie leftovers. Class minimum: 5 Class maximum: 12

**Date:**
- Tuesday, January 20

**Time:** 6:00-8:30pm

**Cost:** $25

**Location:** Torrington High School Room 117

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**VALENTINE’S MAKE-BAKE-TASTE**

For Kids in Grades K-5 & their parents

**Instructor: Melissa Wilhoit & Donna White**

Kids, make this Valentine’s Day card giving extra special—make them yourself! You and your parent (mom or dad) will create up to 20 very special and personalized Valentine’s Day cards and envelopes using stamps and ink, glitter and sparkles. Then, you will bake and decorate cool Valentine’s Day cookies to go with your cards, and of course, you simply must sample the cookies! Making, Baking and Tasting—what better way for parent and child to spend time together and celebrate Valentine’s Day! This class is limited to 12 so don’t wait to sign up! Bring a lidded container in which to take your cookies home. **PAID REGISTRATION DEADLINE: February 4.**

**Date:**
- Saturday, February 7

**Time:** 12:00-3:00pm

**Cost:** $20 plus $12 for card supplies

**Location:** THS Room 117

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**ITALIAN CUISINE: THE ART OF LASAGNA**

**Instructor: Dick Gulisano**

Do you avoid making lasagna for family and friends because you think it is too complicated? With Dick’s guidance you will discover how easy this elegant dish can be. As class progresses you will learn simple, but delicious add-in ingredients that will bring your lasagna to the next level. Bring lidded containers in which to take home your leftovers. Class minimum: 5 Class maximum: 10 **PAID REGISTRATION DEADLINE: May 1**

**Date:**
- Tuesday, May 5

**Time:** 6:00-8:00pm

**Cost:** $21

**Location:** Torrington High School Room 117
All Health & Fitness classes have registration deadlines, which are in place to support any class size minimums that are in place. If a class does not have the minimum enrollment by the deadline date, the class will be cancelled and all registrants will be notified prior to the first class. Individuals may join any class after the start date, class fees will be adjusted according to first class of participation.

**WINTER & SPRING INDOOR WALKING**

Begin or continue the healthy habit of daily walking. Don’t worry about wind and cold, rain and snow, walk the stairs and hallways of EWC on the days the college is open. Please sign up in the Community Education Office to start your walking program. Please remember classes may be in session from 8:00am to 9:00pm. Quietness in the halls is appreciated.

**Date:** Monday to Friday, January 5 to May 22
**Time:** 6:30am-8:00pm
**Cost:** FREE

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**WELCOME TO A NEW YOGA INSTRUCTOR**

Jaymee McDaniel recently moved to Torrington when her husband, Josh, took a teaching position here at EWC, and she is delighted to be joining the EWC Community Education Keep Inspired team and sharing her passion for yoga. Jaymee received her certification in Tempe, Arizona at the Southwest Institute of Healing Arts. Prior to coming to Torrington, she taught yoga as a credit course at Umpqua Community College with class sizes ranging from 25 to 40 students per session. She’s looking forward to smaller and more intimate classes for the practice of Hatha and chair yoga.

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**MID-DAY YOGA REJUVINATION**

**Instructor: Jaymee McDaniel**

Got tight, tired, and aching muscles from working at your desk on your computer all morning? Or maybe you’ve had a hectic morning of classes and need to be revived for the afternoon? No, no, it’s that you suffer from the dreaded mid-afternoon SLUMP, you know the one that even caffeine doesn’t seem to help? Then you NEED Jaymee’s MID-DAY YOGA REJUVINATION class. You will come out of this stress relieving yoga session ready to tackle the remainder of your day with enthusiasm and energy. Oh, by the way, this is a refreshing, no-sweat class. Class minimum: 5  Class maximum: 15.

**Date:** Tues/Thurs
**Time:** 12:15-1:00pm
**Location:** FA 47

**Session A:**
January 20 to March 12 (no class February 3/5)
Cost: $56  (14 sessions)

**Session B:**
March 31 to May 14
Cost: $56  (14 sessions)
Cost: $70

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**FUN FOR ALL YOGA**

**Instructor: Jaymee McDaniel**

Are you looking for a playful and yet challenging yoga class? You are definitely into morning yoga and want to increase your number of classes. Jaymee provides a multi-level class that will benefit beginners, mid-level, and advanced yoga students. She loves yoga and wants her students to love it as much as she does.

**Date:** Tues/Thurs
**Time:** 7:00-8:00am
**Location:** FA 47

**Session A:**
February 10 to March 12
Cost: $50  (10 sessions)

**Session B:**
April 7 to May 14
Cost: $60  (12 sessions)

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**PILATES PLUS**

**Instructor: Sheila Yung**

Have fun while you improve body alignment, balance, and flexibility. Students will also strengthen the abdominal and lower back muscles. Plus—exercise ball activities. Class minimum: 5

**Date:** Monday/Wednesday
**Time:** 4:15-5:15pm
**Location:** FA Dance Room 47

**Session A:**
January 5 to March 11
No class January 19
Registration & Payment Deadline: January 5 by noon
Cost: $95  (19 sessions)

**Session B:**
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80  (16 sessions)

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**AEROBIC ZUMBA PM**

**Instructor: Sheila Yung**

Total workout using a variety of music and movement: Zumba, Jazz, Swing, and more. Options for low impact are modeled. Weights, bands, and PNF stretching are incorporated. Class minimum: 5.

**Date:** Monday/Wednesday
**Time:** 5:15-6:15pm
**Location:** FA Dance Room 47

**Session A:**
January 5 to March 11
No class January 19
Registration & Payment Deadline: January 5 by noon
Cost: $95  (19 sessions)

**Session B:**
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80  (16 sessions)

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**GENTLE YOGA AM**

**Instructor: Susan Burian**

Begin or continue yoga practice. Classes focus on breathing, stretching, sun salutations, poses and final relaxation to increase strength, flexibility and calm—a fabulous way to start your day. Class minimum: 5

**Date:** Monday/Wednesday
**Time:** 7:15-8:15am
**Location:** FA Room 47

**Session A:**
January 5 to March 11
No class January 19, March 2/4
Registration & Payment Deadline: January 5 by noon
Cost: $85  (17 sessions)

**Session B:**
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80  (16 sessions)
RETIRED FELLERS YOGA
Instructor: Susan Burian
Retired fellers? Yes, you know who you are, you don't have to get up early to go to work, perhaps your early isn't “crack of dawn” anymore, but you do want to maintain your flexibility and strength for all the fishing, golfing, gardening, and playing with your grandkids that you promised yourself you would do when you retired. Staying active is staying young, and yoga is a perfect way to get the benefits of movement without the strain of strenuous exercise, increase your flexibility, promote good bone health, and keep your mind sharp.

Date: Monday/Wednesday
Time: 8:30-9:30am
Location: FA Room 47
Session A:
January 5 to March 11
No class January 19, March 2/4
Registration & Payment Deadline: January 5 by noon
Cost: $85 (17 sessions)
Session B:
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80 (16 sessions)

RESTORATIVE YOGA PM
Instructor: Susan Burian
Restorative yoga is a yoga method using props and long hold times to open the body through passive stretching. It is a specific relaxing style of yoga that leaves you feeling open and refreshed. Restorative yoga is especially beneficial if you are feeling fatigued or stressed, or if you are recovering from injury or illness. Give yourself the gift of gentle healing and therapeutic relaxation only found in Restorative Yoga. Class minimum: 5

Date: Monday/Wednesday
Time: 4:00-5:00 pm
Location: Tebbet 132
Session A:
January 5 to March 25
No class January 19, March 2/4
Registration & Payment Deadline: January 5 by noon
Cost: $105 (21 sessions)
Session B:
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80 (16 sessions)

GENTLE YOGA PM
Instructor: Susan Burian
Begin or continue yoga practice. Classes focus on breathing, stretching, sun salutations, poses and final relaxation to increase strength, flexibility and calm—a fabulous way to start your day. Class minimum: 5

Date: Monday/Wednesday
Time: 5:15-6:15pm
Location: Tebbet 132
Session A:
January 5 to March 25
No class January 19, March 2/4
Registration & Payment Deadline: January 5 by noon
Cost: $105 (21 sessions)
Session B:
March 30 to May 20
Registration & Payment Deadline: March 27
Cost: $80 (16 sessions)

PLEASE NOTE: Many Community Education classes and activities have specific registration deadlines and class size minimums and maximums. These classes and activities will be cancelled if the stated minimum enrollment is not met by the stated deadline. If a class must be cancelled due to lack of enrollments, those individuals who have registered will be contacted on the registration deadline day and refunds will be processed as quickly as possible. To avoid class cancellations, please register by the deadline!
YOGA MIXED LEVELS PM
Instructor: Terri Cochran
Increase your balance, flexibility, strength, and stamina. Help alleviate stress, worry, fatigue, pain, insomnia and promote general well-being in the body, mind, and spirit. Class minimum: 5.
Date:   Tuesday/Thursday
Time:   5:15-6:15pm
Location: FA Room 47
Session A:
   January 6 to March 12   Registration & Payment Deadline: January 5 by noon
Cost:  $100   (20 sessions)
Session B:
   March 31 to May 7   Registration & Payment Deadline: March 27
Cost:  $60   (12 sessions)

PILUMBA-ZUMATES AM
Instructor: Sheila Yung
Take a little bit of Pilates and a little bit of Zumba, mix well. Bake in the imagination of Sheila and wah-lah! There you have it, Pilumba-Zumates! Join Sheila in this new hybrid exercise and fitness class, she guarantees a fun and beneficial overall workout. Get in on what may become the next exercise trend. Class minimum: 5
Date:   Tuesday/Thursday
Time:   8:00-9:00am
Location: FA Room 47
Session A:
   January 6 to March 12   Registration & Payment Deadline: January 5 by noon
Cost:  $100   (20 sessions)
Session B:
   March 31 to May 21   Registration & Payment Deadline: March 27
Cost:  $80   (16 sessions)

CULTIVATING YOUR DECK OR PATIO
Instructor: Gretchen Wollert
Container gardening is for everyone, those with limited space and those with a large yard. No matter what you prefer to plant—vegetables, herbs, flowers, shrubs, annuals, perennials—you can plant some version in a container. And while you are planning for your patio garden you might as well make the containers as self-watering as possible. Class minimum: 5
Date:   Wednesday, April 22
Time:   5:30-7:30pm
Cost:  $35 (includes soil, pot, fertilizer & plants)
Location: Pleasant Valley Greenhouse

FAIRY GARDENING
Instructor: Gretchen Wollert, Pleasant Valley Green House
A fairy garden creates the impression of a tiny world, of the sort and size that fairies might inhabit. Gretchen will provide the basic elements needed for your very own fairy garden and you can enhance it to suit your own particular fairy garden dream. Miniature fairy gardens are a perfect gift for any loved one (or better yet, yourself), and could be a great activity to do with your children or grandchildren. Class minimum: 5
Date:   Wednesday, April 29
Time:   5:30-7:30pm
Cost:  $35 (includes soil, basic fairy garden container, plants)
Location: Pleasant Valley Greenhouse
**FINANCIAL PEACE UNIVERSITY**
**Instructor:** Kimberly Russell

**TOO MUCH MONTH AT THE END OF YOUR MONEY? MADE A NEW YEAR’S RESOLUTION TO GET CONTROL OF YOUR FINANCES? Be a part of this 9-week program of empowering lessons on how to save money, live on a budget, communicate about money, eliminate debt, find bargains, and experience the joy of giving. What a perfect gift to give yourself! Know someone planning a spring or summer wedding? Financial Peace University is a terrific gift for the couple to be!**

**REGISTRATION DEADLINE:** January 2, 5:00pm  Community Ed will be checking phone messages over the holiday break

**Date:** Sundays, January 4 to March 1

**Time:** 2:00-4:00pm

**Cost:** $115 ($100 of fee is for materials)

**Couples may share materials and each pay the $15 instruction fee**

**Location:** Tebbet 272

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**LEVEL I OPEN DOG OBEDIENCE**
**Instructor:** Penny Hutchison & David Reynolds

Dog owners, learn to train your dog to come/here, sit, down, stay, heel, wait; dog socialization.

**Requirements:** CURRENT VACCINATION/RABIES VETERINARIAN CERTIFICATE; 6 foot leash, choke collar, treats. Participants must be able to control their dog on a leash before coming to the class; participants under 12 must be accompanied by an adult at each class. Class maximum: 12

**Session 1**

**Date:** Tuesday/Thursday, January 13, 15, 20, 22,  February 3, 4 (Wed), 5

**Time:** 6:00-7:00pm

**Cost:** $65

**Location:** Rendezvous Center, Fairgrounds

**Session 2**

**Date:** Tuesday/Thursday, February 10, 12, 19, 24, 26, March 3, 5

**Time:** 6:00-7:00pm

**Cost:** $65

**Location:** Rendezvous Center, Fairgrounds

**Session 3**

**Date:** Tuesday/Thursday, March 24, 26, 31  April 7, 8 (Wed), 9, 14

**Time:** 6:00-7:00pm

**Cost:** $65

**Location:** Rendezvous Center, Fairgrounds

**Session 4**

**Date:** Tuesday/Thursday, April 21, 28  May 5, 6, 12, 14, 19

**Time:** 6:00-7:00pm

**Cost:** $65

**Location:** Rendezvous Center, Fairgrounds

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**LEVEL II OPEN DOG OBEDIENCE**
**Instructor:** Penny Hutchison

If you and your dog have graduated from Level I, and you and your dog think you are ready for more advanced training, contact the Community Education Office and we will put you in touch with Penny. If there is enough interest in a Level II class, we will get one scheduled.

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**READING WYOMING**
**Instructor:** Court Merrigan

**Living Between the Fences**—is the theme of this year’s Reading Wyoming book discussion series at EWC. The four books Court selected for this series are: *House of Sand and Fog* by Andre Debus, three people drawn by their competing desires to the same small house in the California hills are doomed by their tragic inability to understand one another; *Snow Falling on Cedars* by David Guterson, an all-in-one courtroom drama, love story, and war novel set in 1954 Puget Sound; *Tortilla Curtain* by T.C. Boyle, two couples from very different backgrounds and opposing worlds gradually intersect in what becomes a tragicomedy of error and misunderstanding; *The Work of Wolves* by Kent Meyer, an unforgettable story of horses, love and life in which the characters learn about the strong bonds that connect people to each other and to the land on which they live. Copies of books can be checked out at registration time, giving readers time to complete *House of Sand and Fog* before the first class period.

**Date:** Tuesdays, January 13, February 10, March 17, April 14

**Time:** 6:30-8:00pm

**Cost:** Free

(class costs paid by a grant from Wyoming Humanities Council)

**Location:** Tebbet 117

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**HUNTER SAFETY**
**Instructor:** Rob Hipp, Wyoming Game & Fish Warden

Wyoming Hunter Safety Certification—required for all hunters born after 1966, or for hunting in certain parts of Wyoming; ages ten years & older recommended; must attend 12 hour of instruction & complete test; scholarships provided by Goshen County 2-Shot Goose Hunting Committee for students 8-17 residing in Goshen County. Materials provided at first class.

**Please note that participants are also required to register for this class on-line at www.wgf.wyo.gov**

The class will not be on the website until 30 days prior to the first day of class.

**Date:** Monday to Saturday, April 13 to April 18

**Time:** 6:00-9:00pm Monday to Friday

9:00am to noon on Saturday

**Cost:** $25

**Location:** Tebbet 131/Sportsman Club on Saturday
WHAT'S NEW ON FACEBOOK

Instructor: Robert Goodall

“Do you Facebook?” A question frequently heard these days . . . easy answer, most people say “yes.” Next question, “Do you use Facebook to its fullest potential?” Not as easily answered. With frequent updates and new options, it is difficult for the casual Facebook user to keep up. You could spend lots of your time searching the internet looking for information on these updates and options, analyzing how they can serve your needs, or you could take this class. Let Robert summarize and instruct you on how to best take advantage of what Facebook can do for you. He will review things like “Trending,” “Rooms,” “Safety Check,” News Feed,” “Say Thanks,” “A Look Back,” “Nearby Friends,” and “Privacy Checkup,” just to name a few. Even if you are a Facebook Newbie, this class is perfect for you! Class minimum: 5 Class maximum: 15

Date: Monday, March 16
Time: 6:00-8:30pm
Cost: $25
Location: Tebbet 273

Operating System: iPhone

Date: Monday, January 26
Time: 6:00-8:30pm
Cost: $25
Location: Tebbet 273

Operating System: Android

Date: Monday, February 2
Time: 6:00-8:30pm
Cost: $25
Location: Tebbet 273

SMALL BUSINESS SOCIAL MEDIA MARKETING

Instructor: Robert Goodall

Small business owner, does your marketing plan include social media? Whether you are new to the idea of social media marketing or you’ve toyed with it a bit, you must put this class on your schedule as a way of keeping your marketing plan current and effective. Upon completion of this hands-on class you will have a strong foundation and understanding of the different social media avenues, how to read and understand social media analytics, and how you can use social media to better market your business. Terms such as trending, geotargeting, selfie, and hashtag will no longer be foreign to you, Twitter and Facebook will move from the periphery to your business. This is the perfect class for established as well as start-up businesses.

*Please note that to best benefit from this class you need to have some experience with social media, particularly Facebook. Class minimum: 5 Class maximum: 15

Date: Monday/Thursday, March 23, 26, 30, April 2
Time: 6:30-8:30pm
Cost: $45
Location: Tebbet 273

FOUND-OBJECT WELDED YARD ART

Instructor: EWC Welding Tech Faculty

Gather all those metal objects you’ve been storing because you might use them someday. . . yes, those bicycle chains & pedals, nuts & bolts, broken tools, bent spoons, forks & knives . . . dig through the south forty scrapheap for spokes, springs, horseshoes, hubcaps, any type of scrap metal and weld them into a one-of-a-kind sculpture for your yard or garden. No welding skills? No worries! EWC Welding instructors and students will give you the guidance you need and you’ll pick up a few welding skills. You bring the metal and ideas, we’ll help you with the putting it together. Class minimum: 5 Class maximum: 12

Date: Saturday, March 7
Time: 8:00-12:00 noon
Cost: $35
Location: Mechanical Arts Welding Lab

2015 SPRING SHOOTING CLAY LEAGUE

TRAP + SKEET + 5 STAND

Goshen County Shooting Club and EWC Community Education have partnered to host the 2015 Spring Clay Shooting League, 6 weeks of competitive shooting, with a set rotation of trap shooting, skeet shooting, and 5 stand shooting. This league is a great way to meet other shooters and improve your skills. It is a lot of fun and a great way to unwind after a stressful work day, there’s nothing quite like the smell of shotgun powder on a spring afternoon. Individuals and 2 man teams are welcome and Club membership is not required. So dust off that shotgun, put on your hearing and eye protection and get registered NOW! Registration and payment deadline April 10.

Date: Tuesdays, April 14 to May 19
Time: 5:30-7:30pm
Cost: $115 individual; $220 2-man team
Location: Goshen County Shooting Club

PLEASE NOTE: Many Community Education classes and activities have specific registration deadlines and class size minimums and maximums. These classes and activities will be cancelled if the stated minimum enrollment is not met by the stated deadline. If a class must be cancelled due to lack of enrollments, those individuals who have registered will be contacted on the registration deadline day and refunds will be processed as quickly as possible. To avoid class cancellations, please register by the deadline!
BASIC HANDGUN PROFICIENCY
Wyoming Concealed Carry Permit Class
Instructor: Sgt. Patrick Connelly
Torrington Police Department
Whether you are simply wanting to develop or improve your handgun safety skills and proficiency, or intend to apply for a Wyoming Concealed Carry Permit, this class will meet your needs. TPD Sgt. Connelly will provide instruction on core fundamentals of handgun safety, proper handling, transportation and storage, as well as handgun shooting specifics such as proper stance, correct grip, sight alignment, proper trigger press, and sight picture. All participants in the class will experience 1 session of classroom instruction and 2 live-fire range sessions. Individuals seeking a Wyoming Concealed Carry Permit will participate in an additional live-fire range session, during which specific carry permit issues will be addressed by Sgt. Connelly. Participants are responsible for providing their own handgun, holster and ammunition. Holsters, eye protection, ear protection and a hat with a brim are required equipment for the live-fire range sessions. Please do not bring guns or ammunition to the first class.

Date: MAY; DATES TO BE DETERMINED
Time: 6:00-8:00pm
Cost: $40 Basic Handgun Proficiency
$60 Concealed Carry Class
(Will fulfill State requirement to apply for a Concealed Carry Permit)
Location: Tebbet 131 for first class, TPD Firing Range for remaining sessions

BASIC SELF-DEFENSE FOR WOMEN
Instructor: Beth Reed, EWC Resource Officer
WOMEN, LADIES, GIRLS: take responsibility for preparing yourself in the event of a crime—the more prepared you are, the less likely you will need to defend yourself. This class is designed to increase your personal level of awareness, thus reducing the chance you will find yourself in a compromising situation, whether it be at home, in a parking lot, or out jogging. Basic self-defense techniques will be demonstrated with opportunity for practice. Even if you’ve taken this class before, it is always to your benefit to refresh or practice your self-defense skills.

Date: Thursday, February 5 OR March 19
Time: 6:30-8:30pm
Cost: $20 per session
Location: Torrington Police Department/Lincoln Center

ADVANCED FLY TYING
Instructor: Gary Korell
Dry, Wet, Soft Hackles, Emergers, Nymphs, Terrestrials, Bucktails, Streamers—If you recognize these terms you are obviously a fly fisherman and have an unquenchable thirst for the art and craft of fly tying. Ok, so “unquenchable thirst” may be a bit extreme, but you are definitely living in the world of fly tying and want/need/desire a place to practice your hobby in the company of like-minded anglers, while learning more advanced and challenging tying skills. Oh heck, you just wanna tie flies! This class is limited to five, so call and register right away!

Date: Wednesday, February 18 to March 11
Time: 7:00-8:30pm
Cost: $35
Location: Community Training center

WALLEYE—do you hunt it or fish for it? Maybe both!
Instructor: Jason Vowers**
What has large silver eyes, big pointed teeth, a spiny anterior dorsal fin & likes slightly stained to murky water with little or no current? A walleye, of course! Not an easy fish to catch, thus you need to do some hunting. Whether you are a beginner or a veteran fisherman, you will “catch” a “live well” of information that will make your next Walleye safari a success. This two evening class will include topics such as live & artificial baits—when & where to use what, tying on lures, equipment (cause you can’t have just one fishing rod), changing lure presentations for a variety of conditions—fishing for the weather, electronic gear to enhance your “catching” odds, and well a whole lot more! Class minimum: 5

Date: Tuesday & Thursday, April 14 & 16
Time: 6:00-8:00pm
Cost: $35
Location: Tebbet 132

**Jason has 20 years of experience as a Wyoming Tournament angler. Additionally, he has participated in numerous Walleye tournaments throughout the mid-west.
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FASHIONABLE LADIES, HATS OF STYLE & AFTERNOON TEA
Instructor: The Flower Sisters
Ladies, in times past, hats were not only a popular accessory and fashion statement, but also a show of social grace and status—times reminiscent of the Unsinkable Molly Brown, Kentucky Derby, Easter Bonnets and Downton Abbey. Spend a lovely afternoon creating your own elegant, one-of-a-kind, fashionable hat to show off while you enjoy a traditional afternoon tea. This is a perfect activity for mothers and daughters, sisters and best friends. Fellas, what a special birthday or early Mother’s Day gift for those wonderful women in your life!
Date: Saturday, April 11
Paid Registration Deadline: April 3
Time: 12:30-3:30pm
Cost: $45 (includes all materials)
Location: Tebbet 131 & 132

THE MOST IMPORTANT SHOTS IN GOLF---
Keys to Chipping & Putting
Instructor: Oliver Sundby
Oliver wants you to improve your short game! Yes, golfers, you heard right, YOUR SHORT GAME. Intended to knock 5-7 shots off your golf score (sorry no guarantees), this two day, hands-on tutorial will include practice chipping and putting ‘round the green, finding out which clubs to use and when, and gaining a deeper knowledge and skill concerning etiquette and rules on the green. Oliver will share tips on putting grips and follow through techniques.
Date: Monday & Tuesday, May 11 & 12
Time: 5:00pm
Cost: $25
Location: Torrington Municipal Golf Course

GENEALOGY---
THE HUNT FOR YOUR ANCESTORS
Instructor: Cheryl Riggs
Learning about your ancestors is becoming a great family activity in which everyone can participate. The wonderful thing is you just never know what you may dig up. In this class you will learn techniques and resources for discovering your family history so you can start or add to your family tree. Cheryl has traced her ancestors as far back as the year 1000! Although you may only be interested in going back a few generations, you too can embark on a journey like Cheryl’s. Cheryl will share what worked and didn’t work in her personal ancestral quest, as well as information from John Philip Coletta, an Independent Genealogist. So if you are ready to unlock your family’s long-forgotten secrets, sign up now! Class minimum: 5
Date: Thursday, February 5 to February 26
Time: 6:30-8:30pm
Cost: $45
Location: Tebbet 273

COMMUNITY CHOIR
Instructor: Michael DeMers
"Sing, sing a so-o-o-ngr; Sing out loud; Sing out str-o-o-o-o-ng"
Join with like-minded singing enthusiasts and let your voice be heard! A spring showcase concert will be held on April 29 in the EWC auditorium.
Date: Mondays, January 12 to April 27
Time: 6:00-8:00pm
Cost: $35
Location: FA Music Room 104

COMMUNITY BAND
Instructor: Michael DeMers
There may not yet be “76 trombones”, but the EWC Community Band has been rekindled, is growing, and makes beautiful music. High school band students are especially encouraged to sit in with this band—what a great way to get in some those necessary practice hours. A spring showcase concert will be held on April 29 at 7:00pm in the EWC auditorium.
Date: Tuesday, January 13 to April 28
Time: 5:00-7:00pm
Cost: $35
Location: FA Music Room 104

BEGINNING GROUP GUITAR
Instructor: Michael DeMers, EWC Music Faculty
Get a guitar as a holiday or birthday gift? Or did you find one hiding in the attic or basement? Or maybe the guitar sitting in the corner of your living room is just tired of being used for a hat rack. Whatever the reason you have found your fingers wanting to make beautiful music, this is the class for you. Learn guitar basics of tuning, strumming, chord patterns, instrument care and feeding, and much more!
Date: Thursdays, January 15 to February 5
Time: 5:00-6:45pm
Cost: $45
(bring your own acoustic guitar)
Location: FA 104

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**YOUTH RODEO CAMP**

**Instructor:** Jake Clark, EWC Rodeo Coach

Open to buckaroos in grades 1-6. In this ground clinic EWC Rodeo Coach and EWC Rodeo Team members will instruct students on the college rodeo events and basic rodeo skills. Equipment is provided; clinic does not include animals. The registration fee includes a t-shirt and a 2014 Lancer Rodeo ticket.

**Date:** Monday, March 2
**Time:** 4:00-5:30pm
**Cost:** $20
**Location:** Fairgrounds—Goshen Pavilion

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**YOUTH BASKETBALL Grades 1-6**

**Instructor:** Hamidou Conde, EWC Men's Basketball Asst Coach

Players learn basic skills while having fun! Class focus is on building skills in dribbling, ball handling, passing/catching, shooting, running, and agility, as well as group cooperation. What Coach Conde wants his players to walk away with is a positive attitude and a love for basketball. Please indicate t-shirt size and grade when filling out the registration form.

**Date:** Saturday, March 7 to March 28
**Time:** Grades 1-3: 8:30-9:45am, Grades 4-6: 10:00-11:30am
**Cost:** $35
**Location:** EWC Gymnasium

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**BASKETBALL**

**Instructor:** Hamidou Conde, EWC Men's Basketball Asst Coach

This class is limited to children age 4 (by Jan 2015), age 5, and 6 year old Kindergarteners. A lower basket and child-sized balls are used in this structured program that focuses on teaching children and their parents the basic motor skills necessary to play organized basketball. Please indicate t-shirt size and age when filling out the Community Education registration form. Please note there is no class the week of March 30-April 3.

**Date:** 4 & 5 year olds: Tuesdays, March 17, 24/April 7, 14
6 year olds: Thursdays, March 19, 26/April 9, 16
**Time:** 5:30-6:30pm
**Cost:** $35
**Location:** EWC Gymnasium

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**VALENTINE'S MAKE-BAKE-TASTE**

**Instructor:** Melissa Wilhoit & Donna White

Kids, make this Valentine's Day card giving extra special—make them yourself! You and your parent (mom or dad) will create up to 20 very special and personalized Valentine's Day cards and envelopes using stamps and ink, glitter and sparkles. Then, you will bake and decorate cool Valentine's Day cookies to go with your cards, and of course, you simply must sample the cookies! Making, Baking and Tasting—what better way for parent and child to spend time together and celebrate Valentine's Day! This class is limited to 12 so don't wait to sign up! The paid registration deadline is February 19.

**Date:** Saturday, February 7
**Time:** 10:00-11:30am
**Cost:** $35
**Location:** T131

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**START SMART WEEBALL**

**Instructor:** Molly Moorehouse

For ages 4 & 5 year olds
**Class:** Thursdays, March 19, 26/April 9, 16
**Time:** 5:30-6:30pm
**Cost:** $35
**Location:** EWC Gymnasium

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**LITTLE DIGGERS VOLLEYBALL WINTER EDITION**

**Instructor:** Shai Schaefer & Josie Peterson

Little Diggers Volleyball Winter Edition is designed as a continuing introduction to the game and a practice of basic skills for elementary aged boys and girls in a fun and safe environment. The class takes place on 4 consecutive Saturdays. Each student will be given their own volleyball so they can continue independent skills practice throughout the year. Parents—volleyball is a lifetime sport and a great physical activity for your kids, sign them up today!

**Date:** Saturdays, January 24 to February 14
**Time:** Grades K-2: 9:00-10:00am, Grades 3-6: 10:00-11:00
**Cost:** $35 (includes trainer volleyball)
**Location:** EWC Gymnasium
COMMUNITY EDUCATION/WORKFORCE DEVELOPMENT POLICIES

PARTICIPANT CONDUCT: All participants in an EWC sponsored Community Education or Workforce Development program, class, or event, including children, are expected to conduct themselves in a manner that is respectful toward the instructor and other participants. Anyone displaying inappropriate or disruptive behavior will be asked to remove themselves from the class/event. In the case of children, displaying inappropriate or disruptive behavior that cannot be redirected, will result in a parent or guardian being contacted and asked to remove the child.

REGISTRATION DEADLINE: Unless otherwise noted, registration is ongoing until the class fills or begins. Class sizes are limited and registration is first-come, first-served. Registrations are not complete until payment is received.

CANCELLATIONS: Occasionally classes are cancelled due to insufficient registration or unforeseen circumstances. All fees will be refunded if Eastern Wyoming College cancels the class. Typically, the decision to cancel a class is made two days prior to the start of class, so register early to prevent cancellations.

REFUND POLICY: If you want to cancel your registration, notification is required at least two business days prior to the start of class or the registration deadline, whichever is sooner. Failure to attend is NOT a cancellation. If you have any questions, please call Community Education at 307.532.8213 or 307.532.8323 or Workforce at 307.532.8366.

INCLEMENT WEATHER: In the event of inclement weather, call Eastern Wyoming College - Donna White 307.532.8323, Susie Schaefer 307.532.8213, or your Outreach Coordinator.

Eastern Wyoming College is an Equal Opportunity/Affirmative Action Institution
OPEN COMPUTER LAB  
**Instructor: Robin Boyd**
Looking for a place to work on your computer projects? Use up-to-date technology and software as well as internet access at the LaGrange Heritage Square Computer Lab. The center is available for use by any community member. You DO NOT need to be enrolled in a collage course to use this lab. Anyone under the age of 12 must be accompanied by an adult.

**Location:** LaGrange Heritage Square Suite 119  
**Time:** 7am-2pm or upon request  
**Date:** Spring Semester, January 13 to May 8  
**Cost:** $30 punch card (30 punches per card)

CO-ED VOLLEYBALL  
**Instructor: Laurie Kelly**
Come and enjoy the game of volleyball. All skill levels welcome. Basic competitive volleyball rules apply. Class maximum: 16  Ages 15 to Adult

**Location:** LaGrange Elementary School Gymnasium  
**Time:** 7pm-9pm  
**Date:** Thursdays, January 15 to May 7  
**Cost:** FREE

LITTLE DIGGERS VOLLEYBALL  
**Instructor: Brandy Evans**
This class is designed to introduce the game and fundamental skills of volleyball to elementary aged boys and girls in a fun and safe environment.

**Location:** LaGrange Elementary School Gym  
**Date:** Tuesday-Wednesday-Thursday, February 17, 18, 19  
**Time:** 3:40-4:10pm Kindergarten-3rd grade  
4:15-5:15pm Grades 4-6  
**Cost:** $3.00

BEAR CREEK & LAGRANGE HISTORY CONTINUED  
**Instructor: Judy Bartman**
Continue our journey through the history of Bear Creek and LaGrange. We will explore the: archeology, geology, plants, early home building and early transportation systems that have shaped our community.

**Location:** LaGrange Heritage Square Suite 217  
**Date:** Thursdays, January 22 to February 26  
**Time:** 6:00-8:30pm  
**Cost:** $5

CEN$IBLE NUTRITION  
**Instructor: Denise Jackson**
What will you gain from this class? You will learn how to make food resources last all month! Save time! Learn how to prepare and serve healthy meals – even for picky eaters! Achieve and maintain a healthy weight! Receive a Cent$ible Nutrition Cookbook and other valuable kitchen gadgets. If you are ready to have fun, cook, make new friends and enjoy some hands on learning, register today. *Classes are free to those who income qualify. For information concerning the class and eligibility, please contact Denise at 307-532-2436*

If you are unsure if this is the class for you or would like to learn more, please plan on joining me for an introduction class on Tuesday, February 17, 2014, from 2-3 at the LaGrange Heritage Center. You can register for classes then as well and also learn about the income qualification guidelines.

**Location:** LaGrange Elementary School Kitchen  
**Date:** Tuesdays March 3 to April 14  
**Time:** 3:30-5:00pm  
**Cost:** $25 (Free to qualifying individuals)

CLOTHESLINE BOWL  
**Instructor: Tracy Wilson**
Did you know you can make a fun decorator bowl using clothesline and fabric!? Join us for this fun sewing craft class. You can make an Easter bowl to hold all those colorful eggs!! Bring your own fabric choice (approx 1/2 yard and you can mix & match) and sewing machine. There are a limited number of sewing machines available if needed. A supply list will be available at registration.

**Age:** 10yrs to Adult  
(ages 10-15 MUST be accompanied by an adult- adult will not be charged)  
**Time:** 9am-4pm  
**Date:** March 28  
**Cost:** $25 (glue sticks and clothes line included)

NATURAL CLEANERS  
**Instructor: Kim McBryant**
Learn to make your own natural cleaning products! No more toxic chemicals! You will take home with you laundry soap, cleaning spray, toilet cleaner, hand soap & more....

**Location:** LaGrange Heritage Square Suite 217  
**Date:** Tuesdays, April 7, 14, 21 & 28  
**Time:** 6:30-7:30pm  
**Cost:** $45 (All supplies including containers are provided)

HUNTER SAFETY  
**Instructor: Rob Hipp**
Wyoming Hunter Safety Certification—required for all hunters born after 1966, or for hunting in certain parts of Wyoming; ages ten years & older recommended; must attend 12 hour of instruction & complete test; scholarships provided by Goshen County 2-Shot Goose Hunting Committee for students 8-17 residing in Goshen County. Materials provided at first class. **Minimum: 10  Maximum: 30**

**Location:** LaGrange Heritage Square Suite 218  
**Date:** March 16 to 21  
**Time:** M-F 6pm-9pm Sat 9-12  
**Cost:** $25

OPEN COMPUTER LAB  
**Instructor: Robin Boyd**
Looking for a place to work on your computer projects? Use up-to-date technology and software as well as internet access at the LaGrange Heritage Square Computer Lab. The center is available for use by any community member. You DO NOT need to be enrolled in a collage course to use this lab. Anyone under the age of 12 must be accompanied by an adult.

**Location:** LaGrange Heritage Square Suite 119  
**Time:** 7am-2pm or upon request  
**Date:** Spring Semester, January 13 to May 8  
**Cost:** $30 punch card (30 punches per card)

CO-ED VOLLEYBALL  
**Instructor: Laurie Kelly**
Come and enjoy the game of volleyball. All skill levels welcome. Basic competitive volleyball rules apply. Class maximum: 16  Ages 15 to Adult

**Location:** LaGrange Elementary School Gymnasium  
**Time:** 7pm-9pm  
**Date:** Thursdays, January 15 to May 7  
**Cost:** FREE

LITTLE DIGGERS VOLLEYBALL  
**Instructor: Brandy Evans**
This class is designed to introduce the game and fundamental skills of volleyball to elementary aged boys and girls in a fun and safe environment.

**Location:** LaGrange Elementary School Gym  
**Date:** Tuesday-Wednesday-Thursday, February 17, 18, 19  
**Time:** 3:40-4:10pm Kindergarten-3rd grade  
4:15-5:15pm Grades 4-6  
**Cost:** $3.00

BEAR CREEK & LAGRANGE HISTORY CONTINUED  
**Instructor: Judy Bartman**
Continue our journey through the history of Bear Creek and LaGrange. We will explore the: archeology, geology, plants, early home building and early transportation systems that have shaped our community.

**Location:** LaGrange Heritage Square Suite 217  
**Date:** Thursdays, January 22 to February 26  
**Time:** 6:00-8:30pm  
**Cost:** $5

CEN$IBLE NUTRITION  
**Instructor: Denise Jackson**
What will you gain from this class? You will learn how to make food resources last all month! Save time! Learn how to prepare and serve healthy meals – even for picky eaters! Achieve and maintain a healthy weight! Receive a Cent$ible Nutrition Cookbook and other valuable kitchen gadgets. If you are ready to have fun, cook, make new friends and enjoy some hands on learning, register today. *Classes are free to those who income qualify. For information concerning the class and eligibility, please contact Denise at 307-532-2436*

If you are unsure if this is the class for you or would like to learn more, please plan on joining me for an introduction class on Tuesday, February 17, 2014, from 2-3 at the LaGrange Heritage Center. You can register for classes then as well and also learn about the income qualification guidelines.

**Location:** LaGrange Elementary School Kitchen  
**Date:** Tuesdays March 3 to April 14  
**Time:** 3:30-5:00pm  
**Cost:** $25 (Free to qualifying individuals)
COMPUTER SECURITY & SPEED
Instructor: Robert Goodall
Is your computer running slow? Do you know what a computer virus is? Do you know how to avoid in the best possible way computer spam? According to the McGraw-Hill Dictionary of Scientific & Technical Terms, “computer security” means the “measures taken to protect computers and their contents from unauthorized use”. So what measures have you taken to protect your computer from the many threats—a virus, a worm, a trojan horse, malware, hackers, spam, identify thieves, scams, phishing? Even if you feel protected by your internet provider and have invested in computer security software, you and your own levels of awareness and diligence remain your best defense against an attack on your computer and your information. Robert will provide you with a synopsis of the latest information related to computer security and will include a wide variety of tips that you can easily apply in your day-to-day computer use. Bring your computer or use ours.

Class minimum: 4
Date: Thursday, April 16
Time: 6:00-8:30pm
Cost: $20
Location: LaGrange Heritage Square Computer Lab
Location: LaGrange Heritage Square Suite 211

Center for Tutoring and Learning
Adult Basic Education

Adult Basic Education
The Adult Basic Education (ABE) program at Eastern Wyoming College is located in the Learning Skills Lab. The ABE offers instruction in General Education Development (GED), adult literacy, English as a second Language (ESL) and civics. The program is a student-centered, individualized, goal-oriented educational program and is free to the general public. For additional information please visit the EWC website.

ABE Hours
M-Th 7:30am - 9pm or by arrangement
F 7:30am - 5:00pm

Centro de Tutoría y Aprendizaje
Educación Básica para Adultos

Educación Básica para Adultos
El Programa de Educación Básica para Adultos (ABE) en el Colegio de Eastern Wyoming está localizado en el Laboratorio de Habilidades del Aprendizaje. El ABE ofrece instrucción en el Desarrollo de la Educación General (GED), alfabetización para el adulto, Inglés como un Segundo Idioma (ESL) y educación cívica. El programa educativo está centrado en el estudiante, individualizado, orientado a objetivos y es gratis para el público en general. Para información adicional, por favor visite el sitio de la página de internet de EWC.

Horario ABE
Lunes-Jueves: 7:30 am – 9:00 pm o previa cita.
Viernes 7:30am - 5:00pm

Diane McQueen
Director of Adult Basic Education
307.532.8399
Hi, my name is Janae Poage and I have been with the Eastern Wyoming College Lusk Outreach for 5 years. The partnership between Niobrara County School District #1 and Eastern Wyoming College helps to provide lifelong learning opportunities for the residents in and surrounding Niobrara County. It is our mission to offer quality Concurrent Enrollment high school courses, college credit courses, distance learning, Ed2Go classes and Community Education enrichment classes to meet your personal and educational goals.

Please contact me if you are looking for a class you do not see in the brochure, or if you wish to teach a class. Watch for additional flyers, newspaper advertisements, Niobrara Chamber of Commerce news or Niobrara Community Education Facebook posts for future classes which may be added. Please stop by the office to register for classes, exchange ideas and share a cup of coffee. Come see the great things happening at Eastern Wyoming College Lusk Outreach.

Janae Poage - Lusk Outreach Coordinator
Lusk Outreach

PO Box 966
619 West 5th Street
Lusk, WY 82225
307.334.2733
janae.poage@ewc.wy.edu
ewc.wy.edu/lusk

Lusk Outreach Office Hours
Monday - 8:00am – 4:00pm
Tuesday - 8:00am- 4:00pm
Wednesday - 8:00am – Noon

Attention Seniors!
All persons who are residents of the State of Wyoming, and 60 years of age or older, may enroll without tuition charges in any credit courses offered by Eastern Wyoming College. Seniors are expected to pay for fees, books, and materials for each credit class in which they enroll.
High School Equivalency Preparation
A High School Equivalency Certificate can make the difference between living comfortably or paycheck-to-paycheck. Come in today to start the process that can change your life forever. We offer free testing, materials, and instruction to help you prepare for the equivalency test. We also have a distance learning option, so you can study in the comfort of your own home on your own schedule. You could be ready to test in as little as 12 hours.

For assistance with registering for the HiSET high school equivalency examination, please contact the Eastern Wyoming College Lusk Outreach Coordinator.

Adult Basic Education
The Adult Basic Education (ABE) program at EWC Lusk Outreach is a student-centered, individualized, goal-oriented educational program offered to the residents of Niobrara County. The ABE program offers assistance to adult learners who need to improve their basic literacy skills for a high school equivalency examination or for employment and/or educational purposes.

Contact the Eastern Wyoming College Lusk Outreach for more information.

Instructor: Margylou Fernau
Dates: Wednesdays, while school is in session
Time: 9:00am - 12:00pm; 5:00 - 8:00pm

EASTERN WYOMING COLLEGE CLASSES
NIOBRA COUNTY HIGH SCHOOL

Our state believes in its young people and proves it by offering qualified high school students a chance to take college classes for FREE. Concurrent and Dual Enrollment classes are offered through Eastern Wyoming College. These classes count for both high school and college credit. Concurrent Enrollment courses are taught by EWC approved high school teachers at Niobrara County High School. Students will benefit from these college classes for high school students in many ways:

• Students get a chance to try out college classes and earn credits toward a two year or four year degree or career/technical certificate.
• If students apply themselves, they could earn a degree or certificate by the time they graduate from high school.
• Students will discover this program is a two-for-one deal: classes count for both high school graduation and college credit.
• Students will be challenged through rigorous college classes while getting a running start at college.
• If a student is a senior, they will avoid “senioritis” by taking relevant classes and starting a college degree or certificate program.

• Students will save money when they go to college because they will not have not stay as long or pay for as many classes. And, the Hathaway Scholarship dollars will stretch further.

Students can enroll in classes at Niobrara County High School if they are eligible and have met course requirements. For more information, students need to contact the school counselor at Niobrara County High School or Janae Poage (EWC Lusk Outreach Coordinator).

Parents and students can also contact Mike Durfee at Eastern Wyoming College – Torrington for more information 307.532.8346

For more information contact:

John Thayer
Niobrara County High School Counselor
307.334.3320

Janae Poage - Outreach Coordinator
Niobrara County High School
307.334.2733
janae.poage@ewc.wy.edu
Seeking Instructors!

Do you have a talent or passion you would be willing to share with friends in the community? The possibilities for lifelong learning are endless! Eastern Wyoming College Lusk Outreach Community Education is seeking instructors with new course ideas and we would like to hear from you! Call us today at (307) 334-2733.

Cardio Circuit
Instructor Lisa Williams has over 20 years of experience leading fitness classes. Participants say her instruction is fun and effective. You will use a variety of small fitness equipment including hand weights, tubes and bands, steps, BOSU balls, in addition to an enthusiastic cardio aerobic workout.

Date: Mon/Thurs, Jan 5 – May 21
Time: 5:00pm – 6:00pm
Cost: $5 per class or Call for Monthly Discount

Sip 'n' Paint: Aspen Trees
Even beginners can paint their own work of art with instructor Carla Stroh's step-by-step instructions. Our students tell us Carla is easy-going and keeps a good sense of humor throughout her classes. No painting experience is needed! Enjoy a beverage and take home your very own aspen trees painting.

Date: Fri, Mar 20
Time: 7:00pm – 9:00pm
Cost: $40

Indoor Walking
Walking is an excellent aerobic exercise and produces little stress on the body. Lusk Elementary Middle School and Niobrara County High School are available for indoor walking by registering with Niobrara Community Education at (307) 334-2733.

Date: While school is in session
Time: LEMS 3:30pm – 5:00pm / NCHS 6:00pm – 9:00pm
Cost: Free

Water Aerobics
Walking is an excellent aerobic exercise and produces little stress on the body. Let the gentle resistance of water tone you and provide an excellent overall workout. Instructor Jackie Bredthauer leads the course. Her techniques are great for post-surgery rehabilitation; check with your doctor before enrolling.

Date: Mon/Wed, TBD
Time: 5:30pm – 6:30pm
Cost: $30

Restorative Yoga
Heal the effects of chronic stress in just a few minutes a day. Gentle stretching, slow movements, and core and back strengthening will help you live a better life. Students say instructor Carla Stroh is easy-to-understand, encouraging and makes yoga a great workout.

Date: Tues, Jan 13 – Mar 3
Time: 5:30pm – 6:30pm
Cost: $45

Family Paint Nite
Children, bring your parents or grandparents and show them your master artistry skills! Instructor Carla Stroh will guide you in a family-friendly night of painting. When the evening concludes, you will take home a show-stopper sunflower painting to brighten your home! Ages 7+.

Date: Fri, Mar 27
Time: 6:00pm – 8:00pm
Cost: $25

Dog Obedience 101
Bring your furry, four-legged friend and create a happy partnership through effective and enjoyable training. With instructor Carla Stroh's guidance and tips, you will open the lines of communication with Fido to create harmony in your home. The first session of this canine academy is for the pet-parent only for equipment information and preparation.

Date: Tues/Thurs, Apr 14 – May 5
Time: 6:00pm – 7:00pm
Cost: $40

Half-Marathon Training
This course will be approximately twelve weeks long, with both group and individual training runs. It will culminate in an official half-marathon in our region. Please join us for an organizational meeting in Spring 2015.

Date: To Be Determined
Contact: pflughoeft@wyoming.com or (307) 334-2287

Springtime Paver Pals
Instructor Pam Peterson will assist you in making your own adorable springtime characters out of patio paver stones. These cute little critters make great holiday décor!

Date: Tues, Mar 10
Time: 6:30pm – 8:00pm
Cost: $5 + Cost of Supplies (Seasonal)

Effective Decision-Making for Boards
In the two-hour program participants will increase knowledge and develop the skills that are critical components for effective boards. Course facilitator Hannah Swanbom is a Community Development Educator for the University of Wyoming, with whom she works with the residents and organizations of Natrona, Converse and Niobrara Counties. Ms. Swanbom is based out of Casper. Hannah graduated from Iowa State University with a Bachelor of Science degree in Sociology and a Master of Science degree in Agriculture Extension Education.

Date: Mon, Feb 23
Time: 6:00pm – 8:00pm
Cost: Free
Location: Niobrara County Fairgrounds

CHICAGO
Take a bus trip with us to see famed musical CHICAGO! See astonishing dance and take in one show-stopping song after another. CHICAGO has been honored with 6 Tony Awards, 2 Olivier Awards, a Grammy and thousands of standing ovations. This Broadway show is recommended as appropriate for ages 13+. Minimum of 15 registrations. Registration deadline is Monday, February 23, 2015.

Date: Sat, Apr 18
Time: Depart 11:00am; Showtime 2:00pm
Cost: $85 – Includes Ticket and Transportation
Location: Rapid City, SD

Seeking Instructors!
Do you have a talent or passion you would be willing to share with friends in the community? The possibilities for lifelong learning are endless! Eastern Wyoming College Lusk Outreach Community Education is seeking instructors with new course ideas and we would like to hear from you! Call us today at (307) 334-2733.
**Introduction to Photoshop**

In this course, instructor Andy Espinoza will give you a test drive in photo editing in Photoshop. He will show you the basics of cropping and exposure adjustments, along with the more sophisticated skills like image retouching, layering and text enhancement. Bring your camera or a flash drive with your downloaded pictures.

**Date:** Sat, Apr 11  
**Time:** 10:00am - Noon  
**Cost:** $30

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**Essential Oils: Lip Balm**

Instructors Alyce Carter and Jeanna Anderson will teach you how to make your very own lip balm using Young Living essential oils and other nontoxic ingredients. Supplies are provided and you will leave with lip balm to battle winter dryness. Limited to 12 participants.

**Date:** Thurs, Feb 5  
**Time:** 6:00pm – 7:30pm  
**Cost:** $6

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**Tumbling Essentials**

Instructor Jessica Stallman brings 13 years of gymnastics experience and is looking forward to teaching the essentials of balance and movement. This class is for children ages 6-12. Sign up today; space is limited!

**Date:** Tues, Mar 10 – Apr 28  
**Time:** 3:30pm – 4:30pm  
**Cost:** $50

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**Tumble Tots**

Instructor Jessica Stallman brings 13 years of gymnastics experience and is looking forward to teaching the basics of balance and movement. This class is for children ages 3-5. Sign up today; space is limited!

**Date:** Wed, Mar 11 – Apr 29  
**Time:** 3:30pm – 4:15pm  
**Cost:** $40

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**Creative Doodling**

Instructor Carla Stroh will show you how doodling can open your heart, slow your pulse and help your mind to focus. Take some time to reflect, relax and play with color. No special skills are needed to walk away with beautiful art all your own; beginners welcome! To get started, bring a sketch pad or watercolor paper, pencil, eraser and fineliner pen(s). Minimum of six participants; sign up today!

**Date:** Fri, Apr 24  
**Time:** 6:00pm – 7:30pm  
**Cost:** $25

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**Workforce – Summer 2015**

Look for the CNA course in Lusk! Scholarships are available! Call Eastern Wyoming College Lusk Outreach for information.

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**C.N.A.**

Certified Nursing Assistant

**June 15 - July 1, 2015**

**Mondays & Tuesdays**  
6:00am - 6:00pm

This program is eligible for ETSS Grant Funding:

**Families Becoming Independent (FBI)**

Applicant must be a parenting adult of children under the age of 18, meet income guidelines and be a resident of Wyoming to qualify.

Janae Poage - Lusk Outreach Coordinator

Lusk Outreach  
619 West 15th Street  
307.334.2733  
janae.poage@ewc.wy.edu

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**Beef at Its Best**

The Niobrara County Cattlewomen will show you how to prepare inexpensive cuts of beef to create culinary delights. The evening will be sizzling with food and fun!

**Date:** To be determined  
**Contact:** 307.334.2733

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Niobrara Community Education
Workforce Development

Workforce Development Policy for Workforce Development Programs and Trainings

Registration Deadline: Unless otherwise noted, registration is ongoing until the class fills or begins. Class sizes are limited and registration is first-come, first-serve. Registrations are not complete until payment is received or financial assistance has been confirmed.

Cancellations: Occasionally classes are cancelled due to insufficient registration or unforeseen circumstances. All fees will be refunded if Eastern Wyoming College cancels a class. Eastern Wyoming College employees will to the best of our ability notify all students if a course is cancelled.

Refund policy: If you want to cancel your registration, notification is required at least two business days prior to the start of class or the registration deadline, whichever is sooner. Failure to attend is NOT a cancellation.

Inclement Weather: In the event of inclement weather, call Eastern Wyoming College – Workforce Development 307.532.8323.

Workforce Training Grants

Workforce training grants are available to assist Wyoming businesses in providing for their company’s training needs. There are also workforce training grants available for individuals.

Grants for Educational Training

Families Becoming Independent (FBI)

Applicant must be a parenting adult of children under the age of 18, meet income guidelines and be a resident of Wyoming to qualify.

The following programs are eligible for ETSS Grant Funding:

- Commercial Driver’s License (CDL)
- Certified Nursing Assistant (C.N.A.)
- Certified Nursing Assistant II (C.N.A. II)
- Medication Assistant - Certified
- Welding

Check out ewc.wy.edu for a complete list of offerings with Workforce!
Customized Training Available

Let us put together a proposal to meet your training needs. We allow flexibility to train on-site or in one of our accommodating classrooms. For more information contact us at workforce@ewc.wy.edu or 307.532.8323

Safety Training
- Burner Management Systems & Fuel Fired Equipment Safety Training
- Compression Technology for Industry
- Confined Space Training
- Corrosion Control of Buried Steel
- Fall Protection
- Fatigue Awareness & Prevention
- H2S Training
- HAZMAT
- HAZWOPER
- HAZWOPER Annual Refresher
- MSHA
- OSHA 10
- OSHA 30
- PEC Premier Core Compliance Orientation
- PEC Premier Core Training
- SafeLand USA-Basic Orientation
- Well Cap Drilling

Healthcare
- First Aid
- CPR
- CEU's for C.N.A.s
- IV Therapy

Professional Development
- Microsoft Office: Access, Excel, Power Point, Publisher, Word
- Adobe: Photo Shop, Flash, InDesign
- Business & Leadership Training
- Customer Service
- Essentials of Leadership
- Resolving Conflict
- Getting Started as a New Leader

Mobile Welding Lab

The Eastern Wyoming College Mobile Welding Lab can be delivered to your company and be ready for instruction in less than an hour. The Mobile Welding Lab is designed to increase the productivity and skills of workers in the welding and joining field. The seven-booth self-contained unit is outfitted with modern equipment that includes a welding fume extraction system, climate controlled environment and a teaching area to conduct demonstrations to enhance the learning experience. Call 307.532.8323 for further information.
| MAX COURSE/NUMBER/SECTION | TITLE                                      | HRS | FEES | BLDG | RM | ACT | DAYS | TIME          | INSTRUCTOR | BEGIN/END DATES |
|---------------------------|--------------------------------------------|-----|------|------|----|-----|------|---------------|------------|----------------|----------------|
| ACCOUNTING                |                                            |     |      |      |    |     |      |               |            |                |
| 8 ACCT 1010 90           | Principles of Accounting I                 | 3.0 | INT  | TBA  |    |     |      |               | J Minks    | 01/13/15 05/08/15 |
| 8 ACCT 1050 90           | Practical Accounting I                     | 2.0 | INT  | TBA  |    |     |      |               | J Minks    | 01/13/15 05/08/15 |
| 8 ACCT 2110 90           | Microcomputer Accounting I                 | 2.0 | INT  | TBA  |    |     |      |               | J Minks    | 01/13/15 05/08/15 |
| AGRICULTURE ECONOMICS    |                                            |     |      |      |    |     |      |               |            |                |
| 8 AGEC 2300 90           | Agricultural Marketing                     | 2.0 | INT  | TBA  |    |     |      |               | K Steben   | 01/13/15 05/08/15 |
| 20 AGEC 2350 01          | Agric Commodities in Marketing             | 2.0 | MT   | 120  | LEC| T   | 06:00PM-07:55PM | B Mullock | 01/13/15 05/08/15 |
| AGRICULTURE TECHNOLOGY   |                                            |     |      |      |    |     |      |               |            |                |
| 18 AGTK 1910 01          | Equipment Maintenance & Repair             | 2.0 | MT   | 120  | LEC| W   | 06:00PM-07:55PM | R Miller   | 01/14/15 05/08/15 |
| ANTHROPOLOGY             |                                            |     |      |      |    |     |      |               |            |                |
| 8 ANTH 1100 90           | Intro to Physical Anthropology             | 3.0 | INT  | TBA  |    |     |      |               | P Nebergall| 01/13/15 05/08/15 |
| BUSINESS ADMINISTRATION  |                                            |     |      |      |    |     |      |               |            |                |
| 8 BADM 1020 90           | Business Communications                    | 3.0 | INT  | TBA  |    |     |      |               | P Pulliam  | 01/13/15 05/08/15 |
|                           |                                            |     |      |      |    |     |      |               |            |                |
| BIOLOGY                  |                                            |     |      |      |    |     |      |               |            |                |
| 8 BIOL 1000 90           | Principles of Biology                      | 4.0 | INT  | TBA  |    |     |      |               | L Britton  | 01/13/15 05/08/15 |
| 24 BIOL 1000 02          | Principles of Biology                      | 4.0 | TEB  | 216  | LEC| T   | 05:30PM-08:25PM | J Bogus    | 01/13/15 05/08/15 |
|                           |                                            |     |      |      |    |     |      |               |            |                |
| COMMUNICATION AND MASS MEDIA |                                      |     |      |      |    |     |      |               |            |                |
| 8 CO/M 1010 90           | Public Speaking                            | 3.0 | INT  | TBA  |    |     |      |               | J Hansen   | 01/13/15 05/08/15 |
| 8 CO/M 1030 90           | Interpersonal Communication                | 3.0 | INT  | TBA  |    |     |      |               | H Edmunds  | 01/13/15 05/08/15 |
| COMPUTER APPLICATIONS    |                                            |     |      |      |    |     |      |               |            |                |
| 8 CMAP 1610 90           | Windows                                    | 1.0 | INT  | TBA  |    |     |      |               | A Espinoza  | 01/13/15 05/08/15 |
| 8 CMAP 1765 90           | Spreadsheet Appl II: MS Excel              | 2.0 | INT  | TBA  |    |     |      |               | A Espinoza  | 01/13/15 05/08/15 |
| COMPUTER SCIENCE         |                                            |     |      |      |    |     |      |               |            |                |
| 8 COSC 1200 90           | Computer Information Systems               | 3.0 | INT  | TBA  |    |     |      |               | P Pulliam  | 01/13/15 05/08/15 |
| CRIMINAL JUSTICE         |                                            |     |      |      |    |     |      |               |            |                |
| 8 CRMJ 1510 90           | Law Enforcement Procedures                 | 3.0 | INT  | TBA  |    |     |      |               | L Curtis   | 01/13/15 05/08/15 |
| 8 CRMJ 2120 90           | Intro to Criminal Justice                  | 3.0 | INT  | TBA  |    |     |      |               | B Morehouse| 01/13/15 05/08/15 |
| 8 CRMJ 2210 90           | Criminal Law I                             | 3.0 | INT  | TBA  |    |     |      |               | L Curtis   | 01/13/15 05/08/15 |
| 8 CRMJ 2370 90           | Institutional Corrections                  | 3.0 | INT  | TBA  |    |     |      |               | M David    | 01/13/15 05/08/15 |
| 8 CRMJ 2690 90           | Supervised Lab Experience                  | 3.0 | INT  | TBA  |    |     |      |               | L Curtis   | 01/13/15 05/08/15 |
| 8 CRMJ 2895 90           | Criminal Justice Capstone Proj             | 1.0 | INT  | TBA  |    |     |      |               | L Curtis   | 01/13/15 05/08/15 |
| EDUCATION-EARLY CHILDHOOD |                                            |     |      |      |    |     |      |               |            |                |
| 8 EDEC 1200 90           | Admin in Early Childhood Prog              | 3.0 | INT  | TBA  |    |     |      |               | C Steinbock | 01/13/15 05/08/15 |
| 8 EDEC 1300 90           | Curric Plan&Dev for Yng Chldr             | 2.0 | INT  | TBA  |    |     |      |               | C Steinbock | 01/13/15 05/08/15 |
| 8 EDEC 1305 90           | Curric Plan&Dev Yng Child Lab              | 1.0 | INT  | TBA  |    |     |      |               | C Steinbock | 01/13/15 05/08/15 |
| EDUCATION-ELEMENTARY     |                                            |     |      |      |    |     |      |               |            |                |
| 8 EDEL 1440 90           | Physical Sci in Elem School                | 1.0 | INT  | TBA  |    |     |      |               | T Christinck| 01/13/15 03/04/15 |
| 8 EDEL 1450 90           | Earth Science in Elem School               | 1.0 | INT  | TBA  |    |     |      |               | T Christinck| 03/16/15 05/08/15 |
| 8 EDEL 2410 90           | Elem School Math Seminar II                | 1.0 | INT  | TBA  |    |     |      |               | L Krakow   | 01/13/15 05/08/15 |
| EDUCATION-EDUCATIONAL FOUNDATIONS |                  |     |      |      |    |     |      |               |            |                |
| 8 EDFD 2100 90           | Educational Psychology                     | 3.0 | INT  | TBA  |    |     |      |               | M de Ganahl| 01/13/15 05/08/15 |
| EDUCATION                |                                            |     |      |      |    |     |      |               |            |                |
| 8 EDUC 1501 90           | Effective Substitute Teaching              | 3.0 | INT  | TBA  |    |     |      |               | K Griffith  | 01/13/15 05/08/15 |
| 8 EDUC 2100 90           | Practicum in Teaching                      | 3.0 | INT  | TBA  |    |     |      |               | M de Ganahl| 01/13/15 05/08/15 |
| 8 EDUC 2235 90           | Teaching ESL/EFL Read & Write              | 3.0 | INT  | TBA  |    |     |      |               | G Banville | 01/13/15 05/08/15 |
| 8 EDUC 2240 90           | Teaching ESL/EFL Listen & Spe              | 3.0 | OFF  | OFF | INT| TBA |      |               | G Banville | 01/13/15 05/08/15 |
| 8 EDUC 2800 90           | Capstone: Education                       | 1.0 | INT  | TBA  |    |     |      |               | C Steinbock | 01/13/15 05/08/15 |

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**Carol Eckhardt** writes in southeast Wyoming from a restored ranch homestead. Her novels, essays and poetry are firmly grounded in her experience as a rancher, environmental researcher, residential transient and finally, twenty-first century homesteader. Recent novels include Anna’s Place and Homing, the first two of an ongoing series. The third and fourth volumes of the series are scheduled for publication in 2015.

**Sunday, January 18, 2015**
2:00pm
EWC Library

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“**An Afternoon With Teddy Roosevelt**” performed by Joe Wiegand
As a one man theater show, Joe’s T.R. shares stories full of adventure, laughter and inspiration.

**Sunday, February 9, 2015**
2:00pm
EWC Fine Arts Auditorium