

Eastern Wyoming College Counseling Center

Stay mentally fit through life's transitions

Area Mental Health Service Providers

If you are experiencing an immediate mental health crisis, call **911**

- National Suicide Prevention Lifeline at **988** OR **1.800.273.TALK (8255)**

Eastern Wyoming College Counseling Services

- Counselor 307.575.6474
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Torrington Resources

- Healing Connections 307.338.8099
 - New Hope Counseling 307.532.2119
 - Renovations Counseling 307.331.8928
 - Wyoming Winds Counseling 307.575.8592
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Scottsbluff/Gering Resources

- Community Action Partnership of Western NE 308.635.3089
 - Mental Health Alliance 308.225.6572
 - Open Door Counseling, LLC 308.225.4335
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Douglas Resources

- High Country Behavioral Health 307.358.2846
 - Specialty Counseling & Consulting 307.717.0002
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Casper Resources

- Community Health Centers of Central WY 307.233.6000
 - Central Wyoming Counseling Center 307.237.9583
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Online/text options

- BetterHelp www.betterhelp.com
- Talkspace www.talkspace.com
- TeenCounseling www.teencounseling.com

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