



# Goshen County

SPRING 2025 • COMMUNITY ED & CREDIT CLASSES

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**ECRWSS**





# Goshen County • Community Ed



**Community Education • Workforce Development**  
[ewc.wy.edu](http://ewc.wy.edu)

**Donna White**  
Director of Community Education  
[dwhite@ewc.wy.edu](mailto:dwhite@ewc.wy.edu)

**Torrington Campus**  
3200 West Street  
Torrington, Wyoming 82240  
307-532-8213

## Office Hours

Monday - Friday

8:00 am to 5:00 pm



**EWC President**  
Dr. Jeffrey D. Hawes

### Vice President of Student and Academic Services

John Hansen  
307.532.8260  
[jhansen@ewc.wy.edu](mailto:jhansen@ewc.wy.edu)



### EWC Board of Trustees

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Mr. Rick Vonburg, Vice Chair  
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# Feels Like Home

Small Class  
Sizes

Affordable

Family  
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## Nursing Program

Contact Us Today [ewc.wy.edu](http://ewc.wy.edu) 307-532-8200

[nursing@ewc.wy.edu](mailto:nursing@ewc.wy.edu) Cohorts starting in Torrington & Douglas

# Table of Contents

How to Register.....	3	Torrington Community Ed Classes .....	8-14
Table of Contents.....	3	Virtual Webinar Workshops .....	15-19
Quick Reference .....	4	General Information.....	20
CDL Classes.....	5	EWC Spring Online Classes.....	21-24
Drone Piloting Classes.....	6		
Special Event.....	7		
LaGrange Community Ed Classes.....	7		

“ Student success is our first priority; as a learning community we provide opportunities that enable students to achieve their goals and enrich our unique region through work, partnerships, and student achievement.”

Eastern Wyoming College’s Mission

## How to Register

### Eastern Wyoming College Community Education

#### Online\*

dwhite@ewc.wy.edu  
EWC website:  
ewc.wy.edu/community-education/  
—the fastest way to register!  
Register yourself for all classes. Registration information will be received within minutes.

#### Phone\*

1.307.532.8323  
Call during office hours or leave a message with your name, contact information and class(es) you are interested in.

#### Mail\*

Send your registration to  
EWC Community Ed Office  
3200 West C Street, Torrington, Wyoming 82240

#### Walk-in\*

EWC CTEC Building  
3200 West C Street, Torrington, Wyoming 82240  
Drop off your registration form and payment.

#### Credit Classes

Call Admissions - 307.532.8230

EWC is accredited by the American Welding Society, the American Veterinary Medical Association, and the Accreditation Commission for Education in Nursing (ACEN)

The Higher Learning Commission of the North Central Association of Colleges & Schools  
230 South LaSalle Street, Suite 7-500  
Chicago, IL 60604  
Telephone: 800.621.7440/312.263.0456  
Fax: 312.263.7462  
info@hlcommission.org  
www.ncahlc.org

**Eastern Wyoming College is an affirmative action/equal opportunity institution.**

The information contained herein is valid as of December 2023. While EWC makes every effort to ensure the accuracy of the information, the college reserves the right to make changes at any time without prior notice. Always check with the appropriate office for current information.

The EWC Schedule summarizes information of interest to students; it is not a complete statement of programs and policies. Other important information is published in the EWC Catalog and on the EWC Website.

Eastern Wyoming College is dedicated to providing opportunities and recognizing the talent of all people within this institution. There is a commitment to a policy of equal employment opportunity for all persons on the basis of merit without regard to race, color, national origin, marital status, age, sexual orientation, sex, religion, political belief, veteran status or disability.

In accordance with the policy, Eastern Wyoming College affirms its commitment to non-discrimination in its employment practices as they relate to recruitment, hiring, selection, screening, testing, compensation, promotion, employment benefits, educational opportunities, access to programs, work assignments, application of discipline, access to grievance procedures, and any and all other conditions of employment which are provided by Eastern Wyoming College policy, regulation, rule or practice. Inquiries concerning Title II, Title VI, Title VII, and Section 504, may be directed to the Director of Human Resources, 307.532.8330. Inquiries concerning Title IX may be directed to the Vice President for Student Services, 307.532.8257. Both may be reached at Eastern Wyoming College, 3200 West C Street, Torrington, WY 82240. Alternatively you may contact the Wyoming Department of Education, Office for Civil Rights Coordinator, 2300 Capitol Avenue, 2nd Floor, Cheyenne, WY 82002-0050 or 307.777.7675.

# Community Ed Quick Reference

## JANUARY

Healthy Aging Yoga	January 6 to February 19
Zumba PM	January 6 to March 12
Zumba Strong	January 7 to March 13
Mexican Train Dominoes (afternoon & evening)	January 7 & 21
Level I Dog Obedience	January 14 to February 4
Crazy for Cribbage (evening)	January 14
Hand Foot Card Game (afternoon)	January 14 & 28
Afternoon Bunco	January 23
Community Band	January 27 to April 28
Community Choir	January 27 to April 28
Holistic Wellness & Health Benefits	January 28
Pressure Pot Cooking	January 29
Lifesaver Total CPR & First Aid	January 29 or March 26
Mystery Game Thursday Afternoon	January 30

## FEBRUARY

Youth Golf Camp K-6	February 3-4-5
Archaeology 101—Plant & Animal	February 4, 11, 18
Mexican Train Dominoes (afternoon & evening)	February 4 & 18
Japanese Cuisine BUTAJIRU	February 6
Level I Dog Obedience	February 10 to February 27
Crazy for Cribbage (evening)	February 11
Hand & Foot Card Game (afternoon)	February 11 & 15
Oh A-Waffling We Will Go Cooking	February 12
Afternoon Bunco	February 20
Beginning Crochet	February 20 to March 27
Gut Health & Sourdough Bread	February 20
3D Workshop	February 22
Pressure Pot Cooking	February 26
Mystery Game Thursday Afternoon	February 27

## VIRTUAL WEBINAR WORKSHOPS

Save Money with Extreme Couponing	February 25
How to Outline & Write an Irresistible Romance	February 25
Write a Riveting Mystery, suspense or Crime Story	February 25
Writing Online Blogs, Magazines & Websites	February 26
Beginner's Guide to Getting Published	February 26
Explore 50 Different Self-Publishing Options	February 26
Beginner's Guide to Using FREE ChatGPT	February 27
Monetize Websites, Blogs & Social Media with Affiliate Marketing	February 27
How to Make Extra Cash Pet Sitting (after school/work)	February 28
Explore the World as a Travel Writer	February 28

## MARCH

Gut Health & Sourdough Bread	March 1
Chalk Couture Painting (Spring/Easter)	March 1
Healthy Aging Yoga	March 3 to April 16
Mexican Train Dominoes (afternoon & evening)	March 4 & 18
Japanese Cuisine NIKUMAN	March 6
Sourdough Cheese Crackers	March 8
Pet First Aid	March 11 & 12
Crazy for Cribbage (evening)	March 11
Hand & Foot Card Game (afternoon)	March 11 & 25
Acupressure for My Dog	March 25

Zumba PM	March 17 to May 21
Zumba Strong	March 18 to May 22
Archaeology 101—Artifact Identification	March 18, 25, April 1
Pet Safe Treats	March 19
Afternoon Bunco	March 20
Spring Spruce-Up Spa Day	March 21
Self-Love Workshop	March 25 & April 8
Pressure Pot Cooking	March 26
Lifesaver Total CPR & First Aid	March 26
Mystery Game Thursday afternoon	March 27

## VIRTUAL WEBINAR WORKSHOPS

How to Write Your Life Story (for fun or profit)	March 1
Introduction to Screenwriting for Television or Movies	March 1
Be a Better Writer: 10 Easy Tips to Improve NOW	March 1
50 Money Making Side Hustles for Teens	March 3
Intro to Medical Terminology	March 3
Using Amazon's Kindle Direct to Self-Publish for FREE	March 3
Earn Extra Money Mystery Shopping	March 4
How to Start Any Home Business +250 Business Ideas	March 4
Make Money with Virtual Word Work Processing	March 4
Start Your Own Online Business: A Beginner's Guide	March 5
Write Your First Novel (in 90 days!)	March 5
Creative Writing 101: A Beginner's Guide	March 6
Writing Short Stories: A Beginner's Guide	March 6
10 Practical Tips to Writing Powerful Dialogue	March 7
Introduction to Journaling: A Beginner's Guide	March 7
Make Money as a Freelance Writer: A Beginner's Guide	March 7
Beginner's Guide to Starting a FREE Blog	March 8
Comedy Writing: How to Be Funny on Paper & Stage	March 8
Meet the Publisher/Agent—Get Your Manuscript Critiqued	March 8

## APRIL

Mexican Train Dominoes (afternoon & evening)	April 1 & 15
Japanese Cuisine Gyoza Pot Stickers	April 3
Chalk Couture Painting (Spring/Mother's Day)	April 5
Level I Dog Obedience	April 7 to April 24
Crazy for Cribbage (evening)	April 8
Hand & Foot Card Game (afternoon)	April 8 & 22
Acupressure for My Dog	April 12
Charcuterie Cuisine	April 16
Afternoon Bunco	April 17
Pressure Pot Cooking	April 23
Mystery Game Thursday Afternoon	April 24

## MAY

Community Band & Choir Concert	May 4
Mexican Train Dominoes (afternoon & evening)	May 6 & 20
Japanese Cuisine Noodle Dishes	May 8
Beginning Dog Agility	May 12-June 3
Hand & Foot Card Game (afternoon)	May 13 & 27
Afternoon Bunco	May 15
Mystery Game Thursday Afternoon	May 22



ewc.wy.edu



# EWC Workforce Development

## Commercial Driver License Training Program



The Eastern Wyoming College Workforce Development CDL Training program is designed to prepare students for entry level driving positions in the commercial trucking industry. The training provides tractor-trailer driving fundamentals to students who have minimal or no truck-driving experience. Upon completion of the course the student will be prepared to successfully complete State of Wyoming CDL Exam (Vehicle Inspection Test, Basic Vehicle Control Skills Test, On-Road Driving Test).

The non-credit course is a combination of on-line Entry Level Driver Training Theory, Simulator Training, and Behind-the-Wheel (BTW) training including Pre-Trip Inspection, Basic Skills, and Driving Skills. All training results will be uploaded to the FMCSA Training Provider Registry, and EWC will schedule students for their Wyoming CDL Driving Exam which is completed on campus and in the same equipment used for training. In addition to ELDT Commercial Driver License Class A or Class B, we offer training for Passenger/School Bus Endorsement and HazMat (Hazardous Materials) training.

EWC's CDL Training program is on a rolling schedule with open enrollment with no specific start or end date.

For more information concerning the application process, the requirements for acceptance and the fees for the CDL Training Program call Donna White at 307-532-8213 or stop by the EWC Community Education/Workforce Development Office in the Career & Technical Education Center (CTEC) Room 104.



**CHARGE into a GREAT CAREER as a truck driver**  
**Call 307-532-8213**



# Become an Official Drone Pilot

"Because they are operating in the National Airspace System (NAS), the Federal Aviation Administration (FAAA) has taken the approach that any flight by a small unmanned aircraft system (s UAS) is done under FAA Part 107 regulations and requires a FFA Remote Pilot Certificate to legally operate. There is a very restrictive exception for recreational use. Most operators will not fall under this exception. If you use a drone in your business or occupation, you must have a Remote Pilot Certificate" ---Taylor Albrecht

The Remote Pilot Training Program being offered through EWC Community Education/Workforce development is still in final planning stages so at the time of printing this brochure we are unable to give specific dates and times for the specific classes. Please call the Community Education office at 307-532-8213 for further details.

## REMOTE PILOT GROUND

### SCHOOL

**Instructor:** Taylor Albrecht  
**TNL Aviation**

The knowledge gleaned in this class is intended to assist individuals to prepare for the FFA Knowledge Exam for remote pilots. The training is based on the FAA Regulation 14 CFR 107. A prerequisite for this class is having obtained a recreational pilot TRUST certificate and the instructor recommends using [trust.pilotinstitute.com](http://trust.pilotinstitute.com) for this certification as it is free and you cannot fail.

**Date:** To Be Determined

**Time:** To Be Determined

**Cost:** \$455 (includes book)

**Location:** CTEC 101



## REMOTE PILOT FLIGHT TRAINING

Now that you've completed the Remote Pilot Ground School, it is time to acquire the flying skills to operate the aircraft system safely and competently. This training is divided into the categories of Basic, and Intermediate .

**Basic** will include discussion covering the basics of flying in the National Airspace system and those of safe flight. Topics will include regulations pertinent to flight, flight risk assessment (airspace, weather, PAVE checklist), aircraft familiarization, checklist usage, pre-flight actions, emergency procedures. The flight maneuvers will include takeoff & landing, straight line-away, horizontal rectangular courses, vertical rectangular courses. These

maneuvers will help in the attainment of basic flight skills using the flight controller in Mod 2 operation, **Intermediate** will include a review of the Basic topics and expand maneuvers to include more complex flight: vertical maneuvers, straight line away with climbs & descents, sideways maneuvers, rectangular course maneuvers, S-turn maneuvers, turn s around appoint, semi-circle maneuvers. Students will learn to use both control sticks in concert and provide the skills basis for smooth flight movement required for excellent videography.

**Date:** To Be Determined

**Time:** To Be Determined

**Cost:** \$195 for each level of training

**Location:** ATEC & surrounding grounds



## REFUND POLICY FOR ALL COMMUNITY EDUCATION CLASSES

EWC Community Education instructors are a fantastic group of community members, who are willing to plan for and teach wonderful classes for little compensation. That is why Community Education is asking all of our current and potential users to keep that in mind when you register for a class that you be willing to make the commitment to the class and make payment within 5 days of registration. If you are unable to make the commitment by pre-paying for the class, you will be placed on a wait list. We know that unexpected things come up and do have a refund policy, see below. EWC Community Education Refund Policy: If you want to cancel your paid registration, notification is required at least two business days prior to the start of class. Failure to attend is NOT a cancellation. If you have questions, please call Community Education at 307-532-8323 or 307-532-8213.

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# Special Event

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## CIRCLE OF LIGHT PHOTO PROJECT EXHIBIT

**DATES:** March 3, 2025 to March 28, 2025

**LOCATION:** CTEC COMMONS AREA

**TIME:** 8:00 am to 8:00 pm

The Circle of Light Photo Project is a collection of photographs taken by people whose sight was restored through a cornea transplant. The project educates the public about the impact eye tissue donation has on the lives of those in our communities. Cornea transplant recipients show the world the things they can now see by participating in this important project. The project is being brought to Eastern Wyoming College by The Rocky Mountain Lions Eye Bank located in Aurora Colorado.

The EWC, Torrington, and Goshen County communities are invited to drop in at the CTEC building to view this **AMAZING ART COLLECTION**. Watch for details concerning a public presentation by a cornea transplant recipient.

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## LaGrange • Classes

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### LAGRANGE CO-ED VOLLEYBALL

**Instructor:** Laurie Kelly

Come and enjoy the game of volleyball---ALL skill levels welcome.

**Ages:** 15 to adult

Basic competitive volleyball rules apply.

**Class maximum:** 16

**Date:** Thursdays, January 9 to May 8

**Time:** 7:00-9:00 pm

**Cost:** Free

**Location:** LaGrange Elementary Gym



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Wide variety of weights, cardio and strength training equipment

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## Charge Into Fitness this spring EWC Fitness Center

**Spring HOURS - Jan. 13-May 9**  
Monday - Friday 5 am - 11 pm

Saturday & Sunday 2 pm - 5 pm



307.532.8243

Tim Larsen, Director  
tlarsen@ewc.wy.edu



# Torrington • Classes

## PERSONAL ENRICHMENT

### NEW OFFERING!

## ARCHAEOLOGY 101—Plant & Animal Identification

**Instructor: Dr. Steven Howard**  
**EWC Archaeology Instructor**

Learn how archaeologists recognize and classify plants and animal remains from ancient sites. People use plants and animals for a variety of different reasons, from food to medicines, to raw material resources. Join EWC archaeologist Dr. Steve Howard to learn the basics of Paleoethnobotany and Archaeozoology, the fields that study plant and animal use among ancient societies. You will also learn how foragers harvested wild species of plants and animals, and how domesticated plants and animals came about.

**Class minimum: 5 Class Maximum: 15**

**Date: Tuesdays, February 4, 11, 18**

**Time: 6:00-7:00 pm**

**Cost: \$45**

**Location: Tebbet 208 Archaeology Lab**

## THE NOTHING CLASS

If you or someone you know:

- \* Is too busy to take a class
- \* Hates to get out at night
- \* Can't get away during the day
- \* Is frightened of learning something new
- \* Or already knows everything

THIS CLASS IS FOR YOU! There is no instructor, no supplies required and no location. In fact, this class never meets! Now you have no excuse for not taking a Community Education class, REGISTER TODAY!

## ARCHAEOLOGY 101—ARTIFACT IDENTIFICATION

**Instructor: Dr. Steven Howard**  
**EWC Archaeology Instructor**

Have you ever wondered how archaeologists classify all the different 'arrowheads', stone tools and kinds of pottery that are out here? Do you have a collection of artifacts that you would like to learn how to categorize? Join EWC Archaeologist Dr. Steve Howard to learn the basics of Archaeology Typology. You will focus on pottery styles the first week, then ground stone tools, and in the third and final week the focus will be projectile

points ('arrowheads').

**Class minimum: 5 Class Maximum: 15**

**Date: Tuesdays, March 18, 25, April 1**

**Time: 6:00-7:00 pm**

**Cost: \$45**

**Location: Tebbet 208 Archaeology Lab**

## 3D PRINTING WORKSHOP

**Instructor: Joel Alworth**  
**EWC Assist Professor Welding**

Explore the world of 3D printing and get started designing and make your own 3D printed items. You will gain an understanding process and terminology, as well as structural and process considerations while designing for 3D printing. You will be introduced to options available for 3D modeling software as well as design and print a first project. In this class you will:

- \* Become familiar 3D printing technologies including those available at EWC
- \* Explore option for 3D modeling software
- \* Learn basic printing and modeling concepts while creating a design
- \* Learn how to slice and start a print on the two different 3D printers at EWC\*
- \* 2 Halot-Mage Pro 8K resin printers and the Prusa XL 5 Tool-Head Printer

**Class minimum: 7 Class maximum: 15**

**Date: February 22**

**Time: 8:30 am to 4:00 pm with lunch break**

**Cost: \$250 (includes supplies)**

**Location: CTEC 135, 133**

## SPRING SPRUCE-UP

### SPA DAY

**EWC Cosmetology Staff & Students**

EWC Cosmetology and Community Education are partnering to offer a special LAID-BACK FALL SPA DAY in celebration of the fall colors YAY! LADIES, you will be pampered with a pedicure, a manicure, and a mini-facial, a perfect laid-back fall day.

**Appointments available at 8:30 am, 9:45 am, 11:15 am, 12:45 pm**

**Appointments are limited so don't wait!**

**Date: Friday, March 21**

**Time: 8:30 am-3:00 pm**

**Cost: \$40**

**Location: EWC Cosmetology CTEC 102**

## YOUTH

### YOUTH GOLF CAMP K-6

**Instructor: Zach Smith, EWC Golf Coach & EWC Golf Team Members**

Kids, Coach Smith and his players invite you to participate in their Youth Golf Camp. This three-session camp will focus on safety, proper fundamental of the game, from swing to putting to chipping to proper manners on the golf course, but most of all having fun! Parents, this fun-filled camp is geared to introduce your youngster to golf in such a way to hook them on golf for a lifetime. Specialized indoor, kid-friendly equipment will be provided.

**Class minimum: 5 Class maximum: 30**

**Date: Monday, Tuesday, Wednesday February 3-4-5**

**Time: 6:30-7:30 pm**

**Cost: \$35**

**Location: Fine Arts Auditorium Stage**



## YOUTH BASKETBALL

### SPRING FRIDAYS

**Instructor: Tim Larsen, EWC Women's Basketball Coach**

Coach Larsen and the EWC Lady Lancer Basketball Team are really excited to share their basketball court with Goshen County youth players on four September Friday mornings. Students can sign up for all four Fridays or choose 1 or 2 or 3. Although pre-registration is not required, it is encouraged and by registering & paying for more than one session you get a price break.

**There are three grade-level sessions:**

**Junior grades K-2;**

**Youth grades 3-5;**

**Prep grades 6-8.**

**Date: Fridays, LATE MARCH & APRIL DATES TO BE ANNOUNCED**

**Time: JUNIOR 8:30-9:45 am YOUTH 10:00-11:15 am**

**PREP 11:30 am-12:45 pm**



# Torrington • Classes

**Cost: \$25 per session, discount for multiple registrations**  
**Location: EWC Gym**

## COOKING



## THE ONE & ONLY PRESS POT\*\* COOKING CLUB \*\*PRESSURE POT/ INSTAPOT

The club meets once a month, everyone is asked to bring their own pot (it is amazing how differently they all work), individuals can partner and bring one pot. Donna provides the recipes and the ingredients. Everyone has a great cooking experience with lots of support from others, and the tasting is out of this world. Plan on taking your leftover home in your pot or bring lidded containers. New to pressure pot cooking? This is a safe and comfortable class in which to learn how to best use your pot.

**Paid pre-registration is required the Friday before the scheduled class. Class minimum: 5 Class maximum: 7**

**Date: Wednesdays, January 29 February 26 March 26 April 23**

**Time: 6:00-8:00 pm**

**Cost: \$35 per person with pot (yes you can bring a friend, spouse, or relative)**

**Location: CTEC 111**

## JAPANESE CUISINE

**Instructor: Akemi Glass**

Akemi, a native of Japan, loves sharing her Japanese culture through her love of cooking and eating. Her classes are always a popular hands-on preparation and

dining experience. Hint: Don't eat your dinner before you come to class, save your appetite for the fabulous food you will create. Remember to bring a lidded container (s) for taking your leftovers home, that is unless you eat it all before the end of the class.

**Class minimum: 5**

**Class maximum: 12**

**Registration deadline: Friday before class**

## JAPANESE CUISINE February—BUTAJIRU

**Instructor: Akemi Glass**

In Kyushu, Japan, country-style miso soup with pork & root vegetables is widely known as Butajiru and is a classic comfort food. Join Akemi to make this hearty soup to warm up your body and soul on a cold February evening. This may become your go-to- winter soup for a healthy lunch or dinner.

**Date: Thursday, February 6**

**Time: 6:00-8:00 pm**

**Cost: \$40**

**Location: CTEC 111**

## JAPANESE CUISINE March—NIKUMAN

**Instructor: Akemi Glass**

Nikuman is Japanese Steamed Pork Bun filled with juicy meat, mushroom and cabbage inside. The hot and fluffy buns fresh out of the steamer basket will warm your heart and soul. According to Akemi, Nikuman is a very popular winter snack in Japan. It's a surprisingly easy to make this delicious snack at home!

**Date: Thursday, March 6**

**Time: 6:00-8:00 pm**

**Cost: \$40**

**Location: CTEC 111**

## JAPANESE CUISINE April— GYOZA POT STICKERS

**Instructor: Akemi Glass**

These little Japanese dumplings are filled with a meat and vegetable mixture, then steam-fried and eaten with dipping sauces. Perhaps you've taken this class before? Then you will remember how delicious the final product was. Bet you can't wait to take it again!

**Date: Thursday, April 3**

**Time: 6:00-8:00 pm**

**Cost: \$40**

**Location: CTEC 111**

## JAPANESE CUISINE

### May---Noodle Dishes

**Instructor: Akemi Glass**

Noodles, noodles, and more noodles! Japanese cooking is often all about noodles. Akemi will be bringing her excellent cooking skills to share a noodle experience with you.

**Date: Thursday, May 8**

**Time: 6:00-8:00 pm**

**Cost: \$40**

**Location: CTEC 111**

## OH A-WAFFLING WE WILL GO

**Instructor: Donna White**

Your waffle iron is not just for making breakfast waffles, you will be surprised at how many other kinds of "waffles" you can make with your waffle iron—this kitchen gadget is like a panini press, mini-grill, and toaster oven all rolled into one. In this hands-on class you will experience recipes and techniques suitable for make new dishes for breakfast, lunch, dinner, and don't forget dessert! Plan on being amazed at everything you can make with your waffle iron. Please bring at least 2 lidded containers to take your creations home.

**Class minimum: 5 Class maximum: 10.**

**Date: Wednesday, February 12**

**Time: 6:00-8:00 pm**

**Cost: \$35**

**Location: CTEC 111**

## GUT HEALTH & SOURDOUGH BREAD WORKSHOP

**Instructor: Sheila Weber**

Gut Health & Sourdough? What has gut health have to do with sourdough bread? The fermentation process for sourdough can lead to an increased number of prebiotic- and probiotic-like properties, which improve gut health, which means better digestion; better digestion has a positive effect on your general good health. Sheila is going to share information from the extensive research she has done on her personal path of improving her general health and reducing her body's inflammation. And then she will introduce you to the world of sourdough bread by guiding you through the process of making your own batch of sourdough bread that you will take home to bake. She will provide you with the starter or "mother" for the classroom batch and one to take home. You will need to bring the following items to class with you: a quart canning jar



# Torrington • Classes

with a ring for your “mother”, you will be covering it with a coffee filter so it can “breathe”; a bowl, at least 3 qt, for your batch of bread; a thin, light towel large enough to cover your bowl. All ingredients will be provided.

**Class minimum: 5 Class maximum: 12**

**Sheila will be offering 2 different sessions of this class.**

**Date: Thursday, February 20 OR**

**Date: Saturday, March 1**

**Time: 6:00-8:00 pm Time: 9:00-11:00 am**

**Cost: \$40 Cost: \$40**

**Location: CTEC 111**

## SOURDOUGH CHEESE CRACKERS

**Instructor: Sheila Weber**

Are you into sourdough, but sometimes waiting for the rising process takes too long? Or maybe you have some sourdough discard and you can't bring yourself to dispose of it? Are you a lover of those little cheese crackers? It is easier than you think to make your own sourdough crackers, and if you aren't into cheese crackers, you could make garlic and rosemary crackers. The best thing about this class is that we will provide everything you need, including the sourdough discard and a bag to take your crackers home with you! Buttery parmesan, now doesn't that sound good?!?

**Class minimum: 5 Class maximum: 10**

**Date: Saturday, March 8**

**Time: 9:00 am-12:00 pm**

**Cost: \$40**

**Location: CTEC 111**

Please include this picture with the class below

## CHARCUTERIE CUISINE

**Instructor: Lori Ibarra**

**Platte #2 Community Ed Coordinator**

**FUN! FOOD! FRIENDS!**

\* Join us to make a traditional charcuterie board that we will share.

\* Make a charcuterie cup to take home.

\* Practice making salami/pepperoni roses.

\* Everything you need will be provided.

\* Ideas, tips and a cheat sheet shared.

\* Take home your own board with serving utensils.

**Date: Wednesday, April 16**

**Time: 6:00 pm**

**Cost: \$40**

**Location: CTEC 111**

## MUSIC/ART/ HOBBIES/GAMES COMMUNITY BAND

**Instructor: Various local “band leaders”**

Under the shared direction or several “band leaders” from the local area, EWC Community Band is still alive and well. The band will culminate its musical efforts with a free to the public concert on Sunday, May 4 at 2:00pm in the EWC Fine Arts Auditorium.

**Pre-registration is REQUIRED and can be completed by phone or in-person before the first class session. Please plan on paying your class fees at the time of registration.**

**Date: Mondays, January 27 to April 28**

**Time: 6:00-7:00pm**

**Cost: \$20**

**Location: FA 104, Music Room**

## COMMUNITY CHOIR

**Instructor: Aaron Bahmer**

Joyful voices will gather again for EWC's Community Choir. Be a part of a long-standing community tradition and let your voice be heard! Have a great time with fellow singing enthusiasts, make new friends, renew old acquaintances, and become a more accomplished singer. The choir will culminate its vocal efforts with a

free to the public concert on Sunday, May 4 at 2:00pm in the EWC Fine Arts Auditorium.

Pre-registration is REQUIRED and can be completed by phone or in-person before the first class session. Please plan on paying your class fees at the time of registration.

**Date: Mondays, January 27 to April 28**

**Time: 7:15-8:15pm**

**Cost: \$20**

**Location: FA 104, Music Room**

## BEGINNING CROCHET

**Instructor: Emily Bahmer**

Learn the basics of crocheting while you make crafted household items, and one of the best parts is you don't have to go out a gather the supplies to learn this craft. The crochet hooks and the yarn needed for the three (or more) projects Emily has planned for this class will be provided. Once you've mastered the project Emily will “coach” you through more complex items that you choose.

**Class minimum: 5 class maximum: 10**

**Date: Thursdays, February 20 to March 27**

**Time: 6:00-7:30 pm**

**Cost: \$40 (yarn & hooks included)**

**Location: CTEC 112**



## COFFEE CUPPING COMING SPRING SEMSTER

Coffee cupping, or cup tasting, is the practice of observing the tastes and aromas of brewed coffee. A coffee tasting is very different from the typical coffee drinking experience. You will taste to learn about the coffee, while you learn the subtle differences in flavor dependent on where the particular coffee bean was grown. You will learn the subtleties of roast levels, grind sizes and brewing methods from Bates Brothers Coffee owner. Community Education will announce details for coffee experience when all the details are worked, but if this interests you, call Donna White at 307-532-8213 to get your name on the list.



# Torrington • Classes

## CHALK COUTURE

### Chalk Painting

**Instructor:** Lou Ann Frei

Chalk painting is back! Lou Ann is partnering with EWC Community Ed again to offer two (2) Chalk Couture workshops, with themes to be determined. She will be providing everything for you to create your own beautiful work of art to give as a gift or to keep as a gift to yourself. You bet; it is perfectly acceptable to give yourself a gift. Deb will guide you in taking 5 simple steps of creating your masterpiece:

- 1) Choose your surface/canvas
- 2) Choose your transfer design
- 3) Choose and use your colors of chalk paint, one or several, you can even layer them
- 4) Remove the transfer
- 5) Stand back and "Admire How Awesome You Are!"

**THEME:** Spring & Easter

**Date:** Saturday, March 1

**Time:** 1:00-3:30 pm

**Cost:** \$35

**Location:** CTEC 111

**THEME:** Spring & Mother's Day

**Date:** Saturday, April 5

**Time:** 1:00-3:30 pm

**Cost:** \$35

**Location:** CTEC 111

## CRAZY FOR CRIBBAGE

Being "crazy" is not a requirement for this class, just a desire to play cribbage with a live person instead of that computer player that never seems to lose. It is also not a requirement to be a "crib expert" as this is a great class in which to improve your skills. Even, better if you want to learn how to play cribbage this is the place to come. Although pre-registration is not required, a phone call letting us know you are coming is helpful in planning for refreshments and playing stations.

**Sign in begins at 5:55 pm with play starting precisely at 6:10pm.**

**Date:** Tuesdays, January 14 February 11 March 11 April 8

**Time:** 6:00-8:00 pm

**Cost:** \$3 per session (includes snack cart & bottled water)

**Location:** CTEC 111

## MEXICAN TRAIN

### DOMINOES

**Afternoon OR Evening**

Mexican Train is a domino games that can be played by up to eight people, but is probably best if played by

four. The object of the game is to rid your hand of all your dominos before the other players. Mexican Train uses a double 12 set of dominoes so a complete session consists of 13 games and player with the lowest score is the winner---yay! No pre-registration is required, just drop on in. Snacks and water will be available.

**Date:** Tuesdays, January 7 & 21 February 4 & 18

**March 4 & 18 April 1 & 15 May 6 & 20**

**Time:** 2:30-4:30 pm OR 6:00-8:30 pm

**Cost:** \$3

**Location:** CTEC 111

## HAND & FOOT AFTERNOON CARD GAME

Bring your hands and feet to the 2nd & 4th Tuesday afternoon each month to play the popular Canasta-like card game. It is a fast-paced, challenging, and fun game. Please not that you will have no one to blame for the hand or foot you are dealt, because you deal your own. Snacks & bottled water will be provided. No pre-registration is required just drop on by.

**Date:** Tuesdays, January 14 & 28 February 11 & 25

**March 11 & 25 April 4 & 22 May 13 & 27**

**Time:** 2:30-4:30 pm

**Cost:** \$3

**Location:** CTEC 111



## AFTERNOON BUNCO & SNACK

**\*\*PLEASE NOTE THAT BUNCO HAS MOVED TO THURSDAYS**

Get ready to roll those dice and get in good voice so you can shout "BUNCO!" This fast-paced progressive, social dice game comes with a snack & water cart. You will laugh, you will meet new friends, you will have a dice-a-snacking good time!

**Pre-registration is not required for this sort of**

**monthly "dicey" get together. And if there aren't enough attendees to play Bunco, we will play a mystery dice game!**

**Date:** Thursdays, January 23 February 20 March 20 April 17 May 15

**Time:** 2:00-4:00 pm

**Cost:** \$3

**Location:** CTEC 111

## MYSTERY GAME THURSDAYS

Community Education has a variety of games, some old, some new, some you may familiar with, and some you may not have heard about. Some played with dice, some played with a regular deck of cards and some played with special cards. Each month it will be a MYSTERY, but each guaranteed to be fun and easy to learn. No need to pre-register, just show up and be prepared to play!

**Date:** Thursdays, January 30 February 27 March 27

**April 24 May 22**

**Time:** 2:00-4:00 pm

**Cost:** \$3

**Location:** CTEC 111

## IT'S ALL ABOUT OUR PETS LEVEL I OPEN DOG OBEDIENCE

Our Dog Obedience classes are very popular, so to guarantee your spot you must pay within 5 days of registration or you will be placed on a wait list. You will need to provide a copy of your dog's immunization records to the Community Education office prior to the first class session. You can drop a copy off at the office or ask your veterinarian to e-mail or fax a copy to Donna White.

**\*\*\*The first session of each class will be for the dog owner/handler only, no dogs yet. Please bring your leash so you can learn your function in the training process.**

**Instructor:** Penny Hutchison

Dog owners, in 7 sessions you and your dog learn to come/here, sit, down, stay, heel, wait, as well as proper socialization.

Requirements: CURRENT VETERINARIAN CERTIFICATE FOR VACCINATIONS: DHPP/RABIES/BORDATELLA; choke collar, 6-foot leash, treats if using them as a training tool. Participants must be able to control their dog on a leash before coming to the class; participants under 12 must



# Torrington • Classes

be accompanied by an adult at each class.

**Class maximum: 12**

## Session 1

**Date: Tuesday & Thursday, January 14 to February 4**

**Time: 6:00-7:00 pm**

**Cost: \$65**

**Location: CTEC Commons Area**

## Session 2

**Date: Monday, Tuesday & Thursday,  
March 13 to March 27**

**Time: 6:00-7:00 pm**

**Cost: \$65**

**Location: CTEC Commons Area**

## Session 3

**Date: One Monday, then Tuesday & Thursday, April 7  
to April 24**

**Time: 6:00-7:00 pm**

**Cost: \$65**

**Location: CTEC Commons Area**

## LEVEL II OPEN DOG OBEDIENCE

You and your dog have graduated from Level I, and you and your dog think you are ready for more advanced training. This class will fine-tune your dog's repertoire of obedience behaviors. Unlike Level I you and your dog will both come to the first class. **CURRENT VETERINARIAN CERTIFICATE FOR VACCINATIONS: DHPP/RABIES/BORDATELLA; choke collar, 6-foot leash, treats if using them as a training tool.**

**If you are interested in a Level II Dog Obedience, please contact Donna White at 307-532-8213.**

**If there is a big enough demand, we can schedule a class. There needs to be 12 committed enrollees for a class to be scheduled.**

## BEGINNING DOG AGILITY

**Instructor: Penny Hutchison**

Agility is the fastest growing dog sport in the US, appealing to dog lovers of all ages. It is exciting for the handler/owner, the dog, and spectators. Agility is designed to demonstrate a dog's willingness to work with its handle in variety of situations, and to do so really fast! **TO ENROLL IN THIS CLASS, OWNER AND DOG MUST HAVE TAKEN AND PASSED LEVEL I DOG OBEDIENCE.** To ensure that the owner has full control of his/her dog and for the safety of class members and their dogs, each dog must have learned: Come, Sit, Down, Stay, Wait, Heel. Vaccination records are required:

DHPP/RABIES/BORDATELLA; a choke collar and 6-foot leash is also required.

**Date: Monday, May 12 agility course set up, all handlers assist**

**Tuesday & Thursday, May 13 to June 3**

**Time: 6:00-7:00 pm**

**Cost: \$65**

**Location: EWC Gym**



## PET FIRST AID

**Instructor: Kate Norton**

**EWC Vet Tech Instructor**

You and your family love your pets and want to keep them happy, and providing them a healthy lifestyle and being prepared to deliver first aid care for your pet is the best way to do that! This course teaches first aid and CPR techniques to address the most common emergencies that can occur with small and large dogs as well as cats. You will learn to notice abnormalities and detect early warning signs in pets. You will also learn the essential pre-vet care and life-saving techniques for those times when immediate action can make all the difference. Although this is an adult-focused class children under the age of 14 may attend with a parent. Youngsters 14 years and older may attend without an accompanying adult.

**Class minimum: 5 Class maximum: 12**

**Date: Tuesday & Wednesday, March 11 & 12**

**Time: 6:00-8:00 pm**

**Cost: \$45**

**Location: EWC Vet Tech Building Room 101**

## WHAT IS ACUPRESSURE AND HOW CAN IT HELP MY DOG?

### Two Sessions Offered

**Instructor: De Hufford**

**Nationally Certified Practitioner**

Acupressure is a holistic healing technique that has been used for centuries to promote wellness and alleviate discomfort in both humans and animals. As the guardian of your dog, you will learn basic information about acupressure and techniques for applying this amazing modality for the betterment of your dog(s) right away. This 3-hour session will include theory and hands on practice. A model dog will be provided, so no outside dogs will be attending.

**Class minimum: 4 Class maximum: 20**

**Date: Tuesday, March 25**

**Time: 6:00-9:00pm Or**

**Date: Saturday, April 12**

**Time: 1:00-4:00 pm**

**Cost: \$65**

**Location: CTEC 101**

## PET SAFE TREATS

**Instructor: Kelly O'Brien**

**EWC Vet Tech Animal Technician**

Our pets—our cats, our dogs—deserve the best from us, including TREATS. There's no better way to show love for our pets that by feeding them with ingredients from our very own kitchen. Making homemade treats helps us to have control over the ingredients and, in most cases, save some money compared to many of the store-bought treats. In this class you will make special treats for your special pet and take them home with you!

**Date: Wednesday, March 19**

**Time: 6:00-8:00 pm**

**Cost: \$35**

**Location: CTEC 111**

## HEALTH/FITNESS/ WELLNESS

### INTUITIVE HEALING SERIES WITH RACHELE DAVIS

--Rachele is an Intuitive Healer, a Reiki Master, an Access Bars Facilitator, a Certified Sound Healer, a Light

# Torrington • Classes

Language Worker & Empowerment Coach. Her intent is to assist others in their personal healing journeys.

HOLISTIC WELLNESS & HEALTH BENEFITS

**Instructor: Rachele Davis**

What is holistic wellness and what are the benefits? A holistic approach to wellness focuses on the person as whole system for disease prevention. It encourages self-awareness and empowers individuals to understand the meaning, the symptom and root cause of an illness. Holistic wellness includes different modalities that heal on an emotional, mental, physical and spiritual level by releasing energy blockages that promote overall health and wellbeing. The class covers the following topics and includes class materials.

\* Holistic awareness, healing modalities and benefits

\* Chakras: Understanding your energy centers

\* The differences between ego, intuition, soul & spirit

**Date: Tuesday, January 14**

**Time: 6:00-8:00 pm**

**Cost: \$45**

**Location: CTEC 101**

## UNDERSTANDING THE HOLISTIC MEANING OF ILLNESS

**Instructor: Rachel Davis**

**\*\*Must have taken "Holistic & Health Benefits"**

Understanding what your body is telling you and the causes of physical illness. This class is life changing. You will learn techniques and tools on how to listen to your body, gain awareness of what is awakening or releasing and becoming familiar with how your own life force energy has the ability to help heal the source. Maybe you have a current illness that you would like to understand the cause; or have had one in the past and maybe you are healthy and wish to keep it that way. We will discuss the following topics with interactive growth activities to improve your life & your health.

\* The Metaphysical & Spiritual Body

\* Understanding our emotions and how they manifest within the body

\* Emotional intelligence—the key to both personal and professional success

\* Daily tools for your overall wellbeing

**Date: Tuesday, January 28**

**Time: 6:00-8:00 pm**

**Cost: \$50**

**Location: CTEC 101**

## SELF-LOVE WORKSHOP

**Instructor: Rachel Davis**

Improve the relationship you have with yourself.

This workshop teaches you how to make a difference in your life by being accountable for your own sense of value. It will help you to identify what truly makes you feel valued, understand what makes you behave the way you do and how to bring joy back into your life by healing the emotions you carry.

Discussion will center around how to heal the past, have compassion & respect for yourself and for others, learn important tools for your future, as well as self-improvement activities in order for you to live your best life. Come alone, bring your partner, a friend or family member.

**Attendees must be 10 years or older.**

**Date: Tuesday, February 11 & 25 \*\***

**Time: 6:00-8:00 pm**

**Cost: \$80**

**Location: CTEC 101**

## HEARTSAVER TOTAL CPR & FIRST AID CPR (BLS) for Healthcare Providers

**Instructor: Kerry Carr**

These trainings will result in certification from the American Heart Association. You will learn the basics of first aid, how to perform CPR and how to use an AED (automated external defibrillator).

**Class limited to 6 individuals.**

**Date: Wednesday, January 29 OR March 26**

**Time: 6:00-10:00 pm**

**Cost: \$100**

**Location: CTEC 208**



**\*\* Please note, this 2 session workshop will be offered again: March 25 & April 8**

**We no longer have "loaner" mats for yoga, each participant is required to provide their own and we ask that the mats be taken home each day.**

**Drop-in "try-out" visits to a class are no longer allowed. Instructors are required to keep accurate attendance records and have been asked to not allow anyone into class that is not on the roster. This requires that all participants must pay fees prior to first day of attending class.**

## I YOGA---YOU YOGA-- --WE ALL YOGA

The practice of yoga makes the body strong and flexible; it also improves the functioning of the respiratory, circulatory, digestive, and hormonal systems. Yoga brings about emotional stability and clarity of mind. EWC's yoga instructors center their classes on two major yoga styles---hatha and vinyasa. Hatha refers to the practice of physical poses and vinyasa refers to the coordination of your breath and movement from one pose to another, the flow. All yoga classes have a class size minimum of 5.

**Please note, Men Only and Gentle Yoga will not be in session until after March.**



# Torrington • Classes

## HEALTHY AGING YOGA

**Instructor: Diane Edwards**

No matter what we do, we all get older. In spite of that fact, there are things that can help us age in a graceful and healthy way. This yoga class is one of those ways. Diane has designed this class around the need to maintain or increase flexibility, strength, and especially balance. Taking time to practice yoga for flexibility, strength, and balance will bring with it more energy, more vitality, and a more positive mood and attitude. Class minimum: 5 Class maximum

### Session A

**Date: Monday/Wednesday, January 6 to February 19**

**No class January 20**

**Time: 8:30-9:30 am OR 9:45-10:45 am**

**Cost: \$91 (13 sessions)**

**Location: FA 47**

### Session B

**Date: Monday/Wednesday, March 3 to April 16**

**Time: 8:30-9:30 am OR 9:45-10:45 am**

**Cost: \$98 (14 sessions)**

**Location: FA 47**

## ZUMBA—ZUMBA— ZUMBA

**Instructor: Teresa Brott**

As soon as you hear the Zumba music, you've just got to move, move, move! The Latin music includes both fast and slow rhythms, allowing for a great cardio workout as well as body sculpting exercises. Teresa, Certified Zumba Instructor, is offering both morning and evening classes, and a special Strong by Zumba sessions.

**Class minimum: 5 Class maximum: 12**

## ZUMBA PM

### SESSION A

**Date: Monday/Wednesday, January 6 to March 12**

**No class Jan 20**

**Time: 5:15-6:15 pm**

**Cost: 133 (19 sessions)**

**Location: FA 47 Dance Room**

### SESSION B

**Date: Monday/Wednesday, March 17 to May 21**

**No class Apr 21**

**Time: 5:15-6:15 pm**



**Cost: \$140 (20 sessions)**

**Location: FA 47 Dance Room**

## ZUMBA STRONG

### SESSION A

**Date: Tuesday/Thursday, January 7 to March 13**

**Time: 5:15-6:15 pm**

**Cost: 133 (19 sessions)**

**Location: FA 47 Dance Room**

### SESSION B

**Date: Tuesday, March 18 to May 22**

**Time: 5:15-6:15 pm**

**Cost: \$140 (20 sessions)**

**Location: FA 47 Dance Room**

# Virtual Webinar Workshops

## Virtual Webinar Workshops presented by LeeAnne Krusemark

LeeAnne is a former journalist, current author and editor, speaker, business owner, Chamber of Commerce Past President, and a nationwide Professor of Publishing at higher learning institutions such as Harvard Adult Education, as well as guest instructor at more than 200 colleges from Maine to Hawaii, and an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide. LeeAnne's inspiration in the classroom has even been compared to Oprah!

LeeAnne uses a secure Zoom Education Account to offer her classes on-line. The webinar login information, along with a detailed tutorial to set up your free Zoom account, and the digital handouts will be emailed the day before class. Class fees must be paid in full 1 week prior to class.

**FOR SPECIFIC CLASS DESCRIPTIONS:  
Call Donna White at 307-532-8213**

**DATE: Tuesday, February 25**

### Save Money with Extreme Couponing!

**Time: 2:00-3:00pm Cost: \$25**

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you: \* where to find all different types of coupons, even for high ticket items \* how to find the best coupon apps and websites \* how to match coupons with sales for maximum savings This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. **The webinar login information will be emailed the day before class.**



### How to Outline and Write an Irresistible Romance

**Time: 3:00-5:00pm Cost: \$35**

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You will discover the different romance sub-genres and understand the proven romance formula. You will also learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**

### Write a Riveting Mystery, Suspense, or Crime Story

**Time: 5:00-7:00 pm Cost: \$35**

Become a mystery writer for fun or profit! You will discover the different sub-genres and three-act story structure of mystery writing and create an intriguing cast of characters. Learn how to research and pick your setting, make sure your opening grabs readers' attention, use "red herrings" to misdirect your readers and create suspense until you're ready for the final reveal. Publishing options will also be discussed. Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**



**DATE: Wednesday, February 26**

### Writing Online Blogs, Magazines & Website

**Time: 3:00-5:00 pm Cost: \$35**

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. Some opportunities offer exposure, while many pay well -- \$1 a word and more.

In this fast-paced session, you will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and then use this credibility to sell other articles or even your self-published novel. Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**

### Beginner's Guide to Getting Published

**Time: 5:00-7:00 pm Cost: \$35**

If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past the editor's desk. You will discover how to: become a "published" writer overnight submit manuscripts the correct way to find the right publisher for your work write irresistible query letters determine when and how to get an agent 100 ways to make money as a freelance writer If you really want to succeed, this step-by-step workshop is a must! Informative handouts for future use are included in class fee.

### Explore 50 Different Self-Publishing Options

**(prerequisite)**

**Time: 7:00-8:00 pm Cost: \$25**

Self-Publishing is all the rage, but is it the best option for YOU? (participants must also attend "Beginner's Guide to Getting Published") And, can you do both? You will discover the pros and cons of all the self-publishing options, including print-on-demand and e-book publishing, as well as Amazon options, and see how they compare to traditional publishing. Informative handouts, including a rated description



of 50 self-publishing companies for future use are included in class fee.

**The webinar login information, along with a detailed tutorial to set up your free Zoom account, will be emailed the day before class**

**DATE: Thursday, February 27**

## **Beginner's Guide to Using FREE ChatGPT (AI) for Writers**

**Time: 3:00-5:00 pm Cost: \$35**

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? In this beginner-friendly course, you'll learn how to:

- \* register for a FREE ChatGPT account
- \* input effective writing prompts to avoid nonsense responses
- \* build creative content, from stories to marketing copy
- \* determine its capabilities and limitations
- \* understand ethical/legal considerations using ChatGPT

There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now! Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**

## **\$Monetize\$ Websites, Blogs, and Social Media with Affiliate Marketing**

**Time: 5:00-7:00pm Cost: \$35**

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. (Participants must also attend "Explore 250 Legitimate Home-Based Business Ideas" for a clear understanding of this endeavor.) There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class.

**DATE: Friday, February 28**

## **How to Make Extra Cash Pet Sitting (after school/work)**

**Time: 3:00-5:00 pm Cost: \$35**

Do you love animals...especially dogs? Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. You will learn about feeding, watering, and exercising pets, how to make a good impression as well as what questions to ask when interviewing for a pet sitting job, and what to do when a dog has behavioral issues. You will also discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. This class is taught by a seasoned professional pet sitter and a longtime entrepreneur.

**The webinar login information will be emailed the day before class.**



## **Explore the World as a Travel Writer**

**Time: 5:00-7:00 pm Cost: \$35**

If you love to travel and love to write, this is for you! We will discuss how to use all your senses in a new destination to create more detailed and in-depth descriptions that capture and maintain readers' interest, and whether or not you need to include photos with your work. You will also learn how to find and submit your finished product to print and online markets, the business side of travel writing (how to take travel tax deductions), and how to avoid worn-out travel writing clichés. Informative handouts for future use are included in class fee. The instructor, LeeAnne Krusemark, is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

**The webinar login information will be emailed the day before class.**

**DATE: Saturday, March 1**

## **How to Write Your Life Story (for fun or profit)**

**Time: 9:00 am-12:00 pm Cost: \$45**

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed.

**The webinar login information will be emailed the day before class.**

## **Introduction to Screenwriting for Television or Movies**

**Time: 12:00-2:00 pm Cost: \$35**

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen. You will also learn how to plot a story, develop characters, and execute your work in the proper screenwriting format. You will discover the difference between a Treatment, a Spec Script and a Shooting Script and when to do each.

And, you'll get an inside look into the business of selling your script to agents and producers. Informative handouts for future use are included in class fee.

## **Be a Better Writer: 10 Easy Tips to Improve your Writing NOW**

**Time: 2:00-5:00 pm Cost: \$45**

We write everyday: emails, social media posts, work projects, and even nonfiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable, and may help get you a promotion at work or avoid rejection from a publisher. In this hands-on session, there will be writing/editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest, and you will leave with a workbook full of writing tips and tricks, which is included in the class fee.

**DATE: Monday, March 3**

## **NEW! NEW! NEW! 50 \$Money\$ Making Side Hustles for Teens**

**Time: 4:00-5:00 pm Cost: \$25**

Hey, Teen! What's the fastest way to make money as a teenager? The answer is a side hustle. Fortunately, you don't have to wait till you're over a certain age to earn \$\$ with side hustles that can easily fit into your teen life — between all the classes, chill sessions, and extracurricular activities. And, most of these side hustles don't require you to study more, won't interfere with your social life, and can help you hit any financial goal — maybe even get that car! You'll leave class loaded with information about how to fill out any legal forms to get the business started, and details about 50 profitable side hustle ideas to get you going fast. Informative handouts for future use are included in class fee. The instructors include a guest teen entrepreneur, and a longtime instructor LeeAnne Krusemark.

**The webinar login information will be emailed the day before class.**

## **Intro to Medical Terminology**

**Time: 5:00-8:00 pm Cost: \$45**

Medical terminology is the first step to any career in the medical field or simply to understand your family's medical visits. No prior experience is necessary. This highly specialized language involves word building with root words, prefixes, suffixes, and abbreviations. You will leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. After submitting and passing the open-book exam included in the workbook you receive in class, you will earn a Certificate of Completion. This comprehensive course is taught by longtime educator, LeeAnne Krusemark, and Credentialed Medical Professional Vanessa Grinnell, RRT.

**The webinar login information will be emailed the day before class.**

**DATE: Tuesday, March 4**

## **Using Amazon's Kindle Direct to Self-Publish your Book for FREE**

**Time: 11:00am-12:00 pm Cost: \$25**

Whether you're looking to publish a paperback novel or short e-book now or in the future, this detailed tutorial will teach you step-by-step how to create

an Amazon KDP account, format your manuscript and upload it to the platform, easily create a book cover from available templates, determine pricing and royalties, develop a sales pitch for your Amazon page, and write an Amazon author bio. Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**



## **Earn Extra Money Mystery Shopping**

**(prerequisite)**

**Time: 4:00-5:00 pm Cost: \$25**

Have you seen ads telling you how to become a shopper, but only if you send them a lot of money? You do not have to pay to begin your new career in this exciting field. (Participants must also attend "Explore 250 Legitimate Home Based Business Ideas" for a clear understanding of this endeavor.). You will learn how to sign up with many legitimate mystery shopping companies WITHOUT FEES, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Informative handouts for future use are included in class fee, including a list of 25 legitimate companies you can work for.

**The webinar login information will be emailed the day before class.**

**Register for Community Ed  
Classes today  
[ewc.wy.edu/community-education](http://ewc.wy.edu/community-education)**

## **How to Start Any Home Business + 250 Home Business Ideas!**

**Time: 5:00-  
7:00 pm**

**Cost: \$35**

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President



and award winning business owner, this is probably the most comprehensive business start-up workshop you will ever find. You will discover:

- \*more than 250 legitimate home business ideas
  - \*mandatory legal documentation
  - \* many ways to market your product/service
  - \* how to take tax deductions (this workshop included!
- Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**

## **Make Money with a Virtual/Word Processing Business**

**(post-requisite)**

**Time: 7:00-8:00 pm Cost: \$25**

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. (Participants must also attend "Explore 250 Legitimate Home-Based Business Ideas" for a clear understanding of this endeavor.) There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class fee.

**The webinar login information will be emailed the day before class.**



**DATE: Wednesday, March 5**

**NEW! NEW! NEW!**



## **Start your own Online Business: A Beginner's Guide (including the top 25 online businesses to start)**

**Time: 3:00-5:00 pm Cost: \$35**

Looking for ways to make money online? Turn your ideas or homemade products into income by starting an online business. You will learn how to: find a gap in a niche market and fill it; build your own website, and market your business effectively (including SEO) so potential customers will find you; take care of business forms and taxes; create multiple sources of income (including Affiliate commissions). You'll also get info about the 25 most popular online businesses to start. Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*

## **Write Your First Novel (in 90 Days!)**

**Time: 5:00-8:00 pm Cost: \$45**

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! This class will also help you stay motivated throughout the journey. You will learn how to:

- \* select your novel genre and develop a compelling premise
- \* create multidimensional characters and immersive settings
- \* craft a detailed plot outline
- \* manage your time to keep your writing flow consistent
- \* combat common roadblocks including writer's block
- \* master the art of self-editing: refining your plot, and fixing pacing, dialogue, and characterization problems

\* receive constructive criticism from beta readers

\* explore publishing options

By the end of this class, you will know how to complete your novel and have the knowledge and confidence to move forward with the publishing process.

*The webinar login information will be emailed the day before class.*

**DATE: Thursday, March 6**

**NEW! NEW! NEW!**

## **Creative Writing 101: A Beginner's Guide**

**Time: 3:00-5:00 pm Cost: \$35**

You don't need a degree in creative writing to be an exceptional writer and get paid for it! Anyone with a passion for writing can learn and develop their fiction and non-fiction writing skills. Whether you're writing from your own life experience, creating new worlds, or informing readers about important information, this class will teach you about the different forms of creative writing, the top 10 creative writing tips for beginners, as well as how to brainstorm for new creative writing ideas, bring your words to life with engaging descriptions, develop your own writing style, and how to get paid for your creative writing. Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*

## **NEW! NEW! NEW! Writing Short Stories: A Beginner's Guide**

**Time: 5:00-7:00 pm Cost: \$35**

Writing short stories (1,000-30,000 words) helps you discover your writing voice and how to convey your ideas. You'll learn how to bring your story to life with an engaging plot, as well as character development, action, and dialogue. You'll also learn the technical parts of crafting a short story, including structure, important character moments, and progression in the story. You'll also know what to do with your short story once completed, including editing, proofing, and publishing options. Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*

**DATE: Friday, March 7**

**NEW! NEW! NEW!**

## **10 Practical Tips to Writing Powerful Dialogue (in novels & scripts)**

**Time: 2:00-3:00 pm Cost: \$25**

Writing believable, relatable dialogue is an art-form, but fortunately there are some tried-and-tested methods and techniques you can use right now to improve the dialogue in your novel or script. In this fast paced session, you'll learn how to turn ordinary words into compelling dialogue, use clean dialogue tags, differentiate character voices, use dialogue instead of narrative/voiceover, avoid dialogue "dumps," and be real, but not boring. Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*



## **NEW! NEW! NEW! Introduction to Journaling: A Beginner's Guide**

**Time: 3:00-5:00 pm Cost: \$35**

Journaling is simply recording your thoughts, feelings, and insights in a written, drawn, or typed format. It can be done on paper or on a computer, and it's a low cost way to improve your mental health. Journaling can help you reduce stress, improve your self-awareness, as well as prioritize problems, fears, and concerns, and provide an opportunity for positive self-talk. You'll learn how to start journaling (even when you don't know what to write), the 10 most popular types of journaling, how to kick-start self-reflection and self-discovery, and track your progress and personal growth. The Informative handouts for future use are included in class fee.



*The webinar login information will be emailed the day before class.*

## **NEW! NEW! NEW!** **Make Money as a Freelance Writer: A Beginner's Guide**

**Time: 5:00-7:00 pm Cost: \$35**

If you've got a way with words and love to write, freelance writing has emerged as a significant force in the gig economy, offering flexibility, independence and a way to make money online and offline, for supplemental income or a full-time career. You'll learn the top 10 areas of freelance writing, as well as how to create writing samples and pitches/queries, develop your freelance writing "brand," and find reliable job boards and avoid content mills. Informative handouts for future use are included in class fee, and include links to more than 1,000 ways to get paid as a freelance writer.

*The webinar login information will be emailed the day before class.*

## **DATE: Saturday, March 8** **Beginner's Guide to Starting a FREE Blog**

**Time: 10:00 am-12:00 pm Cost: \$35**

Online blogging is a great way to get the word out about you, your service, your product, or information you want to share! You will learn step-by-step how to:

\* start a FREE blog with WordPress

\* choose a blog

template

\* emphasize your  
blog content with a  
creative name

\* use your unique  
voice to share your  
expertise

\* connect your  
domain/website  
You will also learn  
how to earn an  
income with your  
blog, including links  
to other websites  
and advertising  
on your blog, as  
well as increase  
your internet  
ranking. Informative  
handouts for future  
use are included in  
class fee.



## **Comedy Writing: How to Be Funny on Paper and Stage**

**Time: 12:00-2:00 pm Cost: \$35**

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, or ultimately want to write for print/production or perform your own stand up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*

## **Meet the Publisher/ Agent--Get Your Manuscript Critiqued**

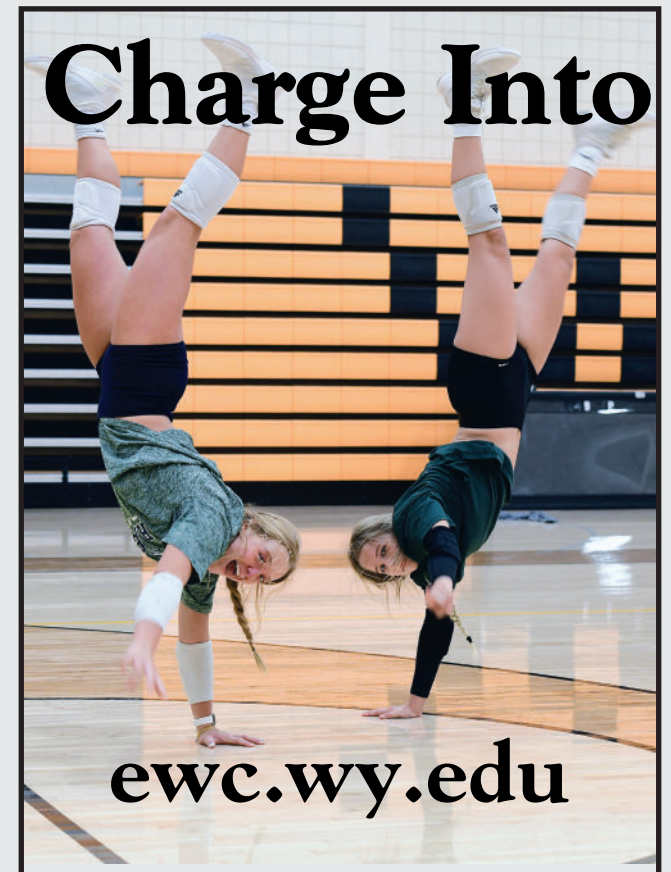
**Time: 2:00-3:30 pm Cost: \$30**

Have you ever wanted to talk to a real agent or publisher? Are you tired of having your manuscripts critiqued by non-professionals or paying an editor too much money to change your writing to their voice?



Email one page of your in-progress manuscript for an in-class critique of one page of your poetry, article, short story, screenplay, novel, non-fiction book, or children's book. (Optional: You can then send your manuscript for a professional critique (for a critique fee of \$50 for up to 25 double-spaced pages + \$1/ page thereafter, and a list of publishers/agents who are interested in your type of work.) Informative handouts for future use are included in class fee.

*The webinar login information will be emailed the day before class.*





# EWC General Information

## Register For Online Credit Classes at EWC

If you are interested in taking online classes (see list of classes offered on pages 12-15) visit <https://ewc.wy.edu/apply/> to apply.

## Financial Aid

For specific financial aid information, please call the Financial Aid Office at 307.532.8224 or 866.327.8996. You may also obtain financial aid information from EWC's website, [ewc.wy.edu](http://ewc.wy.edu).

For information about veterans educational benefits, please contact the VA Certifying Official at 307.532.8224.

## Payment Options

Payment for tuition and fees can be made online through your student account on MyEWC, by check, or by phone using a credit/debit card by calling the EWC Business Office at 307.532.8205. If you are paying by credit/debit card, you may use Visa, MasterCard, or Discover. All tuition and fees must be paid in full at the beginning of each semester and before the student attends classes. All checks should be made payable to Eastern Wyoming College. Payment plans may be available from the EWC Business Office for those students who qualify. Failure to pay tuition and fees, or have an approved payment plan in place before the student attends classes may result in a late payment charge. Please contact the Director of Community Ed for additional information.

## Refunds

Tuition and Activity & Use/Technology Fees are refunded on a course-by-course basis, and are determined by the length of the course and the first meeting day of the course.

**Tuition:** For courses which meet the full (16 week) semester, tuition is refunded in full for 8 calendar days beginning with the first day of the class. Thereafter, there is no refund of tuition. For courses which are offered for less than a full (16 week) semester, the tuition refund will be prorated.

**Activity & Use/Technology Fees:** For courses which meet the full (16 week) semester, activity and use/technology fees are refunded in full for 14 calendar days beginning with the first day of the class. For courses which are offered for less than a full (16 week) semester, the activity & use/technology fees refund will be prorated.

## Placement Exams

(Accuplacer): Students who plan to enroll in a lab science, math and/or an English class will need to take the Accuplacer placement exam if they haven't met ACT or prerequisite requirements for the class. Call your Outreach Coordinator to schedule a time to take the exam. The cost to take the exam is \$20. You may pay this fee online at [ewc.wy.edu/testing/accuplacer-placement-testing](http://ewc.wy.edu/testing/accuplacer-placement-testing) (Or bring a check or money order).

## Tuition & Fees

For information on tuition and fees for EWC credit classes visit <https://ewc.wy.edu/admissions-financial-aid/tuition-fees/>. Outreach activity, use, and technology fees are \$16 per credit hour. Some courses also have course fees. Please see the college catalog for a complete listing of fees. Online course fee is \$25 per class, additional fees may apply.

# EWC Spring Class Schedule

*The EWC Administration reserves the right to make changes without notice.*

**January 10 (Friday)** New Admissions Close at 4:00pm

**January 11 (Saturday)** Residence Halls Open at 9:00am

**January 12 (Sunday)** Residence Halls Open at 9:00am

**January 13 (Monday)** Regular Semester and Block A Classes Begin

**January 16 (Thursday)** Last Day to Add Block A (8 week) Classes at 4:00pm / Last Day to Drop Block A (8 week) classes for 100% Tuition and Fee Refund at 4:00pm.

**January 20 (Monday)** Wyoming Equality Day / No Classes / Campus Closed

**January 21 (Tuesday)** Last Day to Drop Regular Semester (16 week) Classes for 100% Tuition and Fee Refund at 4:00pm / Last Day to Drop Block A (8 week) Classes for 100% Tuition Refund Only at 4:00pm.

**January 27 (Monday)** Last Day to Drop Regular Semester (16 week) Classes for 100% Tuition Refund Only at 4:00pm

**January 29 (Wednesday)** First Scheduled Financial Aid Disbursement to Students' Accounts (Additional disbursements are scheduled each week on Tuesdays except when there is a holiday or break.)

**February 6 (Thursday)** Winter Break / No Classes

**February 7 (Friday)** Winter Break / No Classes

**February 7 (Friday)** First Financial Aid Refunds Issued

**February 10 (Monday)** Classes Resume

**February 26 (Wednesday)** Last Day to Withdraw from Block A (8 week) Classes at 4:00pm / No Tuition

or Fee Refund

**March 5 (Wednesday)** Midterm / End of Block A (8 week) Classes

**March 6 (Thursday)** Block B (8 week) Classes Begin  
**March 10 (Monday)** Spring Break Begins / No Classes

**March 17 (Monday)** Spring Break Ends / Classes Resume

**March 18 (Tuesday)** Last Day to Add Block B (8 week) Classes at 4:00pm / Last Day to Drop Block B (8 week) Classes for 100% Tuition and Fee Refund at 4:00pm.

**March 20 (Thursday)** Last Day to Drop Block B (8 week) Classes for 100% Tuition Refund Only at 4:00pm.

**April 10 (Thursday)** Registration for Fall 2025 Semester Opens for Sophomores Only

**April 14 (Monday)** Registration for Fall 2025 Semester Opens for All Students

**April 17 (Thursday)** Last Day to Withdraw from Regular (16 week) Classes at 4:00pm / No Tuition or Fee Refund

**April 18 (Friday)** Easter Break Begins / No Classes / Campus Closed for Good Friday

**April 22 (Tuesday)** Easter Break Ends / Classes Resume

**April 25 (Friday)** Last Day to Withdraw from Block B (8 week) Classes at 4:00pm / No Tuition or Fee Refund

**May 5 (Monday)** Finals Week Begins

**May 8 (Thursday)** End of Semester

**May 9 (Friday)** Graduation

**May 10 (Saturday)** Residence Halls Close at Noon



**Charge into Your Future In Welding**

**ewc.wy.edu**  
**307-532-8200**

**3200 West C Street, Torrington, Wyoming 82240**

**EASTERN WYOMING COLLEGE**

# EWC SPRING 2025 Online Classes

## ACCT Accounting-Business

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
5	ACCT	0099	40	Program Assessment Activity	0.0				OIND	NS		TBA		1/13/2025	5/8/2025
20	ACCT	2010	40	Principles of Accounting I	3.0	\$25.00			OLEC	NETA		Online	G. Vanderpal	1/13/2025	5/8/2025
20	ACCT	2020	40	Principles of Accounting II	3.0	\$25.00			OLEC	NETA		Online	G. Vanderpal	1/13/2025	5/8/2025
20	ACCT	2110	40	Quickbooks Accounting	2.0	\$25.00			OLEC	NETA		Online	G. Vanderpal	1/13/2025	5/8/2025

## AGEC Agricultural Economics

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	AGEC	2300	40	Agricultural Marketing	2.0	\$25.00			OLEC	NETA		Online	G. Hawkes	1/13/2025	5/8/2025

## AGBP Agriculture Beef Production

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
5	AGBP	0099	40	Program Assessment Activity	0.0				IND	NS		TBA	G. Younglove	1/13/2025	5/8/2025

## ANSC Animal Science-Agricul.

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	ANSC	1010	40	Intro to Animal Science	4.0	\$25.00			OLEC	NETA		Online	G. Younglove	1/13/2025	5/8/2025
20	ANSC	L006	40	ANSC 1010 Lab	0.0				OLAB	NETA		Online	G. Younglove	1/13/2025	5/8/2025

## ANTH Anthropology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	ANTH	1200	40	Intro to Cultural Anthropology	3.0	\$25.00			OLEC	NETA		Online	S. Howard	1/13/2025	5/8/2025
20	ANTH	1300	40	Intro to Archaeology	3.0	\$25.00			OLEC	NETA		Online	S. Howard	1/13/2025	5/8/2025

## ART Art

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	ART	1010	40	Intro to Art	3.0	\$25.00			OLEC	NETA		Online	R. Clause	1/13/2025	5/8/2025
20	ART	2020	40	Art History II	3.0	\$25.00			OLEC	NETA		Online	R. Clause	1/13/2025	5/8/2025

## BADM Business Administration

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	BADM	0099	40	Program Assessment Activity	0.0				OIND	NS		Online	G. Hawkes	1/13/2025	5/8/2025
20	BADM	1000	40	Intro to Business	3.0	\$25.00			OLEC	NETA		Online	G. Hawkes	1/13/2025	5/8/2025
10	BADM	1395	40	Business Administration Capstone	3.0	\$25.00			OLEC	NETA		Online	G. Hawkes	1/13/2025	5/8/2025

## BARB Barbering Technology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
10	BARB	1520	40	Barb Shop Mgmt and Bus Methods	3.0	\$25.00			OLEC	NETA		Online	A. Lashley	3/6/2025	5/8/2025

## BIOL Biology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
5	BIOL	0099	40	Program Assessment Activity	0.0				OIND	NS			C. Wenzel	1/13/2025	5/8/2025
20	BIOL	1000	40	Principles of Biology	4.0	\$25.00			OLEC	NETA		Online	C. Wenzel	1/13/2025	5/8/2025
20	BIOL	L004	40	BIOL 1000 Lab	0.0				OLAB	NETA		Online	C. Wenzel	1/13/2025	5/8/2025
10	BIOL	1009	40	Critical Science Skills	1.0	\$25.00			OLEC	NETA		Online	C. Wenzel	1/13/2025	5/8/2025
20	BIOL	1010	40	General Biology I	4.0	\$25.00			OLEC	NETA		Online	J. Ostrander	1/13/2025	5/8/2025
20	BIOL	L001	40	BIOL 1010 Lab	0.0				OLAB	NETA		Online	J. Ostrander	1/13/2025	5/8/2025



## CHEM Chemistry

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	CHEM	2300	40	Intro to Organic Chemistry	4.0	\$25.00			OLEC	NETA		Online	T. Ascherl	1/13/2025	5/8/2025

## COMM Communication/Mass Media

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	COMM	1030	40	Interpersonal Communication	3.0	\$25.00			OLEC	NETA		Online	E. Koc	1/13/2025	5/8/2025
20	COMM	1040	40	Intro to Communication Theory	3.0	\$25.00			OLEC	NETA		Online	E. Koc	1/13/2025	5/8/2025
20	COMM	2010	40	Public Speaking	3.0	\$25.00			OLEC	NETA		Online	E. Koc	1/13/2025	5/8/2025
20	COMM	2010	41	Public Speaking	3.0	\$25.00			OLEC	NETA		Online	E. Koc	1/13/2025	5/8/2025
20	COMM	2010	42	Public Speaking	3.0	\$25.00			OLEC	NETA		Online	E. Koc	1/13/2025	5/8/2025

## CRMJ Criminal Justice

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	CRMJ	2040	40	Police Science I	3.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025
20	CRMJ	2130	40	Criminal Investigation I	3.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025
20	CRMJ	2210	40	Criminal Law I	3.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025
20	CRMJ	2395	40	Criminal Justice Capstone Project	1.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025
20	CRMJ	2420	40	Juvenile Justice	3.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025

## CSMO Cosmetology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
30	CSMO	1600	40	Intro to Skin Technology	3.0	\$325.00			OLEC	NETA		Online	G. Zwiebel	1/13/2025	3/5/2025
10	CSMO	1600	41	Intro to Skin Technology	3.0	\$325.00			OLEC	NETA		Online	G. Zwiebel	1/13/2025	3/5/2025

## ECON Economics

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
24	ECON	1020	40	Microeconomics	3.0	\$25.00			OLEC	NETA		Online	G. Hawkes	1/13/2025	5/8/2025

## EDEL Education-Elementary

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	EDEL	2140	40	Teaching Literature in the Elem School	3.0	\$25.00			OLEC	NETA		Online	L. Smith	1/13/2025	5/8/2025

## EDEX Ed-Exceptional Children

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	EDEX	2484	40	Intro to Special Education	3.0	\$25.00			OLEC	NETA		Online	L. Smith	1/13/2025	5/8/2025

## EDFD Educational Foundations

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	EDFD	2020	40	Foundations of Education	3.0	\$25.00			OLEC	NETA		Online	L. Smith	1/13/2025	5/8/2025
20	EDFD	2450	40	Human Lifespan Development	3.0	\$25.00			OLEC	NETA		Online	C. Steinbock	1/13/2025	5/8/2025

## ENGL English

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	ENGL	1005	40	Applied Technical Writing	3.0	\$25.00			OLEC	NETA		Online	E. Cottrell	1/13/2025	5/8/2025
20	ENGL	1009	40	Co-Requisite for ENGL 1010	2.0	\$25.00			OLEC	NETA		Online	E. Cottrell	1/13/2025	5/8/2025
20	ENGL	1010	40	English I:Composition	3.0	\$25.00			OLEC	NETA		Online	E. Cottrell	1/13/2025	5/8/2025
20	ENGL	2020	40	Literature, Media, and Culture	3.0	\$25.00			OLEC	NETA		Online	K. Strampe	1/13/2025	5/8/2025

## FCSC Family & Consumer Science

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	FCSC	2121	40	Child Development	4.0	\$25.00			OLEC	NETA		Online	C. Steinbock	1/13/2025	5/8/2025

## HIST History

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	HIST	1211	40	U.S. to 1865	3.0	\$25.00			OLEC	NETA		Online	H. Gorman	1/13/2025	5/8/2025

## HMDV Human Development

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	HMDV	1000	40	College Studies	1.0	\$25.00			OLEC	NETA		Online		1/13/2025	3/5/2025
20	HMDV	1050	40	Study Strategies	2.0	\$25.00			OLEC	NETA		Online	D. Banville	3/6/2025	5/8/2025

## HMSV Human Services

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
99	HMSV	0010	40	Prescreen for Field Exp in Human Services	0.0	\$95.00			LEC	NS			C. Braddy	1/13/2025	5/8/2025
20	HMSV	1060	40	Case Management for Human Services	3.0	\$25.00			OLEC	NETA		Online	C. Braddy	1/13/2025	5/8/2025
20	HMSV	2460	40	Field Experience in Human Services II	3.0	\$25.00			OLEC	NETA		Online	C. Braddy	1/13/2025	5/8/2025

## INSTAA Interdisciplinary Studies AA

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
100	INSTAA	0099	40	Program Assessment Activity	0.0				OIND	NS		TBA	K. Strampe	1/13/2025	5/8/2025

## INSTAS Interdisciplinary Studies AS

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
100	INSTAS	0099	40	Program Assessment Activity	0.0				OIND	NS		TBA	S. Warren	1/13/2025	5/8/2025

## LIBS Library Science-Educ.

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	LIBS	1000	40	Library Research Methods	1.0	\$25.00			OLEC	NETA		Online	C. Debus	3/6/2025	5/8/2025

## MATH Mathematics

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
5	MATH	0950	40	Preparation for College Mathematics	1.0	\$25.00			OLEC	NETA		Online	J. Clark	1/13/2025	5/8/2025
12	MATH	0950	41	Preparation for College Mathematics	2.0	\$25.00			OLEC	NETA		Online	J. Clark	1/13/2025	5/8/2025
13	MATH	0950	42	Preparation for College Mathematics	3.0	\$25.00			OLEC	NETA		Online	J. Clark	1/13/2025	5/8/2025
20	MATH	1000	40	Problem Solving	3.0	\$25.00			OLEC	NETA		Online	S. Warren	1/13/2025	5/8/2025
20	MATH	1009	40	Problem Solving Workshop	1.0	\$25.00			OLAB	NETA		Online	J. Clark	1/13/2025	5/8/2025
20	MATH	1105	40	Data Analysis, Prob, Alg for Elem Sch Tchr	3.0	\$25.00			OLEC	NETA		Online	L. Krakow	1/13/2025	5/8/2025
20	MATH	1400	40	College Algebra	4.0	\$25.00			OLEC	NETA		Online	S. Warren	1/13/2025	5/8/2025
20	MATH	1405	40	Trigonometry	3.0	\$25.00			OLEC	NETA		Online	S. Warren	1/13/2025	5/8/2025
10	MATH	1409	40	College Algebra Workshop	1.0	\$25.00			OLAB	NETA		Online	J. Clark	1/13/2025	5/8/2025
20	MATH	2355	40	Mathematical Applications for Business	4.0	\$25.00			OLEC	NETA		Online	S. Warren	1/13/2025	5/8/2025

## MGT Management

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	MGT	2100	40	Principles of Management	3.0				OLEC	NETA		Online	J. Valk	1/13/2025	5/8/2025

## PEAC Activity-Phys & Hlth Edu

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	PEAC	1001	40	Health and Wellness	1.0	\$25.00			OLAL	NETA		Online	G. Hamilton	3/6/2025	5/8/2025



## PEAC Activity-Phys & Hlth Edu

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	PEAC	1001	40	Health and Wellness	1.0	\$25.00			OLAL	NETA		Online	G. Hamilton	3/6/2025	5/8/2025

## PEPR Physical Education Professional-Physical & Health Education

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	PEPR	2110	40	Foundations of Coaching	3.0	\$25.00			OLEC	NETA		Online	T. Larsen	1/13/2025	5/8/2025

## PHSC Pre Health Science

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
10	PHSC	0099	40	Program Assessment Activity	0.0				OIND	NS		TBA	J. Ostrander	1/13/2025	5/8/2025

## POLS Political Science

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	POLS	1000	40	American & Wyoming Government	3.0	\$25.00			OLEC	NETA		Online	A. Hilton	1/13/2025	5/8/2025
12	POLS	1100	40	Wyoming Government	1.0	\$25.00			OLEC	NETA		Online	E. Creagar	1/13/2025	5/8/2025

## PSYC Psychology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	PSYC	1000	40	General Psychology	3.0	\$25.00			OLEC	NETA		Online	J. Hart	1/13/2025	5/8/2025
20	PSYC	1000	41	General Psychology	3.0	\$25.00			OLEC	NETA		Online	J. Hart	1/13/2025	5/8/2025
20	PSYC	1000	42	General Psychology	3.0	\$25.00			OLEC	NETA		Online	J. Hart	1/13/2025	5/8/2025
20	PSYC	2000	40	Research Psychological Methods	4.0	\$25.00			OLAL	NETA		Online	J. Hart	1/13/2025	5/8/2025
20	PSYC	2210	40	Drugs and Behavior	3.0	\$25.00			OLEC	NETA		Online	J. Hart	1/13/2025	5/8/2025

## SOC Sociology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	SOC	1100	40	Social Problems	3.0	\$25.00			OLEC	NETA		Online		1/13/2025	5/8/2025

## SOSC Social Science

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	SOSC	2300	40	Ethics in Practice	3.0	\$25.00			OLEC	NETA		Online	R. Cornish	1/13/2025	5/8/2025
20	SOSC	2395	40	Social Science Capstone Exper	1.0	\$25.00			OLEC	NETA		Online	J. Hart	1/13/2025	5/8/2025

## STAT Statistics

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	STAT	2050	40	Fundamentals of Statistics	4.0	\$25.00			OLEC	NETA		Online	S. Warren	1/13/2025	5/8/2025

## ZOO Zoology

Max	Course	Number	Sec	Title	Hrs	Fee	Bldg	Rm	Act		Days	Time	Faculty	Begin Date	End Date
20	ZOO	2015	40	Human Anatomy	4.0	\$25.00			OLEC	NETA		Online	J. Ostrander	1/13/2025	5/8/2025
20	ZOO	L001	40	ZOO 2015 Lab	0.0			135	OLAB	NETA		Online	J. Ostrander	1/13/2025	5/8/2025
20	ZOO	2450	40	Fish and Wildlife Mgmt in Anthropocene	3.0	\$25.00			OLEC	NETA		Online	C. Wenzel	1/13/2025	5/8/2025

